



**Want more from family life? Kids arguing and driving you mad?**

**Learn new skills, boost your confidence, manage difficult behaviours so you get on better, and meet other parents with 2-10 year olds**

## **The Parenting Puzzle**

**Every Wednesday from 19th January 2011**

**Evenings 7-9 pm with refreshments**

**At Sopwell & Verulam Children's Centre**

**Mandeville Drive, St Albans AL1 2LE**

**(runs for 10 weeks including half term, but not on 2nd March 2011)**

**For more details and to book a place please contact**

**Kathryn or Pippa**

**01727 774090**

**Or pop into the Children's Centre**

