

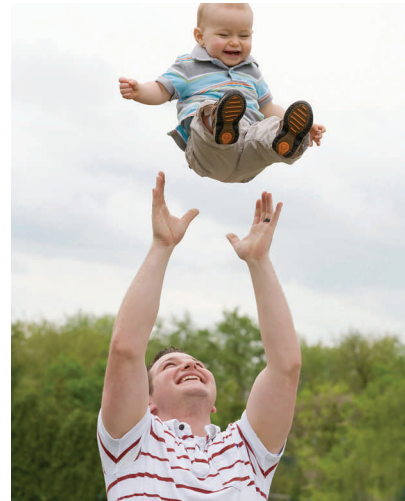
# Parenting Programme

## Raising Kids in the 21st Century

These workshops are aimed at parents and carers who have children under five. This is a flexible course. You can attend the whole course or individual workshops. Please note that 'Loving Limits' runs over two weeks and you will need to attend both workshops.

Jan 19	9.30—11.30	What Children Really Need
Jan 26	9.30—11.30	Developing Emotional Security
Feb 2 & 9	9.30—11.30	Loving Limits
Feb 23	9.30—11.30	Keeping Safe
Mar 2	9.30—11.30	Keeping Sane

Venue: Grovehill Community Centre  
Henry Wells Square  
Hemel Hempstead, HP2 6BJ



Please call 01442 269804 to book a place.  
(Crèche is available, please inform us when booking a place)

