

# Sportspace Hemel Hempstead

## Creche Holiday Sessions

Monday to Friday 9.00-10.30am and 10.30am-12.00pm

Cost: **Member £2.75** Non-member £4.35

## All Day Sports Camp (8-12 years)

Monday to Friday 9am – 5pm.

A fun activity day for 8 – 12 years.

Please bring your swimming gear with you for swimming. Day also includes team games, arts and crafts, giant games, sports, face painting, scavenger hunts and a bouncy castle. Please bring a packed lunch for lunchtime and you will be provided with a hot meal for tea.

*Special Themes for Planet Mars:*

Mondays – Parachute & speed stacks

Tuesdays – Crash-mat rounders

Wednesdays – Twin Track Pool Inflatable (**children must be able to swim 17m and be confident in deep water**)

Thursdays – Skateboarding

Fridays– Twin Track Pool Inflatable (**children must be able to swim 17m and be confident in deep water**)

Cost per day: **Member £23.10** Non-member £24.70

**Book early and take advantage of our early bird offer! Book before Monday 28<sup>th</sup> March 2011 and pay £21.00 member, £22.60 non-member!**

\*\*\*Early drop off and late pick up – Drop your kids off at 8.30am and pick them up at 5.30pm for an extra £3.00!\*\*\*

## Trampolining

Mondays

For 3 – 4 years 10am – 11am

For 5 – 7 years 11am – 12 noon

For 8 – 12 years 12 noon – 1pm

Cost: **Member £6.00** Non-member £7.60

## Twin Track Pool Inflatable

Wednesdays and Fridays 2.15-3.15pm

The twin track pool inflatable is obstacle course where two people can race against each other to get to the end first!!!

This session is aimed for children over 8 years that are confident in the water, children will be allowed to use all pools (please inform the lifeguard on the day if you do not want your child to use other pools).

Please book in advance to avoid disappointment.

Cost: **Member £2.70** Non-member £4.30

## Waterwalkerz

Tuesdays, Wednesdays and Thursdays 1-2pm

(Waterwalkerz is unavailable on Wednesday 20<sup>th</sup> April)

Try out our human hamster balls on water. Its great fun and great exercise! This sessions include a 5-minute session in the ball and a swim. Children will be allowed to use all pools(please inform the lifeguard on the day if you do not want your child to use other pools). This session is for over 8's only.

Cost: **Member £4.50** Non-member £6.10

#### Scuba Diving Workshop

Wednesday 20<sup>th</sup> April & Friday 3<sup>rd</sup> June 12-2pm

This new session run by Harbour Lights Scuba Diving Club will be aimed at 8-14 year olds who will 'discover the SCUBA diving experience' through a PADI recognised diving session. Please wear an old t-shirt for this session.

Cost: **Member £15.00** Non-Member £16.60

(When booking please let us know your shoe size for the fins and please pick up and complete a PADI registration form).

#### Tennis Workshop

Mondays 10am-12pm

A 2 hour session for 5-8 year olds, both boys and girls are welcome. Come and learn new skills – suitable for beginners or improvers.

Cost: **Member £8.00** Non-Member £9.60

#### Skateboarding

Thursday 4pm-5pm

This session is aimed at 8 years+. One of the UK's leading skateboarding school 'Wildchild' are running sessions for beginners and anyone who wants to learn new, cool skills and tricks. Skateboards and safety equipment will be provided.

Book early to avoid missing out on this brand new activity!

Cost: **Member £6.50** Non-Member £8.10