

# Adult Fitness



Only £2 per session

## Body Conditioning

Where: Brockwood School Hall, Woodhall Farm.

(Creche available, please call the school office on 404000 to book a place in advance)

When: Wednesdays 9.30am—10.30am

## Aerobics

Where: Hobletts Manor Infants, Adeyfield.

(No parking available on site, please park in local streets)

When: Tuesdays 9—10am



Together We Learn

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