

'Be StreetSmart!'

One day event during the Easter Holidays for 11
– 13 year olds

Monday 12th April 2010



Watford YMCA and NEXUS have joined forces to create the 'Be StreetSmart' Project- to entertain and educate you this Easter!

If you are aged between 11 – 13 and you can commit to spending just one day with us during the Easter Holidays, we promise to give you the following;



- A fantastic opportunity to be with your friends or make new friends and build your confidence.
- A chance to work with fully trained and professional tutors in the arts of self-defence and boxing.
- Activities and discussions around 'walking tall', 'being assertive' and ultimately.....'being StreetSmart'.



- Activities and discussions around 'healthy living'
- A full day's worth of entertainment and education, with transportation provided and a designated lunch break planned at McDonalds
- *****PLEASE NOTE – YOU WILL NEED TO PURCHASE YOUR OWN LUNCH, SO PLEASE BRING MONEY WITH YOU*****

**Surely, there is only one question you need to ask yourself:
Will I do anything better this Easter?**

If so, please contact NEXUS on the booking line number 07891 220250