

THREE RIVERS LEARNING PARTNERSHIP: YOUR GUIDE TO ADULT LEARNING IN THREE RIVERS (Winter 2010 / Spring 2011)

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INTRODUCTION

Three Rivers Guide to Adult Learning - What is it about?

This *Guide* contains details of organisations providing learning activities and also many free learning opportunities. It lists Skills for Life, Information, Advice & Guidance & Job Search first, then an A-Z of other learning opportunities. This A-Z contains organisations that offer a wide range of courses and classes although not all are free; but many organisations do offer special free Tasters for the Family Learning Festival and some throughout the year. If a Taster is on offer then it is likely that there are sessions in this activity at other times.

Do you, or does someone you know, need help with ...?

Learning English or improving reading, writing or maths, please look on the next page where there is help available.

Booking: Please think about asking for, or giving someone, help with booking.

Who can join in the Family Learning Festival?

Our family learning definition is very flexible, family members can include friends as well as family, reflecting the range of support relationships that individuals rely on in the twenty-first century and not necessarily involving more than one generation. Where children attend they must be of the age specified and adults must stay for whole session. You are invited! Three Rivers Learning Partnership with their Partners offer you this range of **FREE** tasters of learning to celebrate the **Family Learning Festival**. We hope that you enjoy learning in Three Rivers. Most tasters need to be booked but some are just turn up. All activities are **FREE** and provide a great opportunity to try something new.

YOUR GUIDE TO ADULT LEARNING IN THREE RIVERS

(Winter 2010 / Spring 2011)

SKILLS FOR LIFE

ENGLISH

ESOL (English for Speakers of Other Languages):

- ASCEND
- St Michael's Catholic High School
- West Herts College
- Jobcentre Plus (refer people on benefits for free tuition)

Literacy & Numeracy:

- ASCEND
- Community Learning Partnership
- Maple Cross JMI
- West Herts College
- Also see *Book Groups* on next page

Play & Language with your Child (under 5):

- Community Learning Partnership
- Mill End Community Centre
- Children's Centres

Computing

(ICT: Information & Computing Technology):

See next page

INFORMATION, ADVICE & GUIDANCE & JOB SEARCH

IAG (Information, Advice & Guidance):

- Adrian Consortium of Extended Schools
- ASCEND
- Careers Advice Service (new):
<http://careersadvice.direct.gov.uk/>
- Connexions (help & support for all 13-19s)
- Nextstep (people 20 & over)
- Riversmeet Consortium of Extended Schools
- South Oxhey Extended Schools Consortium
- West Herts College
- Work Solutions (people with disabilities)

Job Search, CVs, etc.:

- ASCEND
- Connexions (help & support for all 13-19s)
- Guideposts Trust (support for people with Mental Health Issues)
- Jobcentre Plus
- Watford Observer
- West Herts College
- Work Solutions (people with disabilities)

Training For Work / Workplace Learning:

- ASCEND
- West Herts College

Modern Apprenticeships (16-65s):

- West Herts College

Training For Volunteering/Volunteers:

- ASCEND
- CVS in Three Rivers
- Home-Start (Watford & Three Rivers)
- WEA

Women Returners / Women Entrepreneurs

- West Herts College
- Wenta

Gas Safe Re-assessment Centre at West Herts College's Construction & Engineering Centre, Kings Langley. Work towards your official Gas Safe licence (formerly Corgi).

Redundant/job hunting?

Explore career options & look afresh at your future, free 1-day seminar. Register at e: myfuture@westherts.ac.uk

A-Z OF LEARNING OPPORTUNITIES: A-G

Arts & Crafts:

- ASCEND
- Mill End Community Centre (**Flower Arranging & Oil Painting**)
- Three Rivers District Council - Everyday Active
- U3A Croxley Green
- U3A Rickmansworth
- U3A Sarratt
- Watford Rural Parish Council (**Pottery**)
- West Herts College

Book Groups & Literature:

- Three Rivers Learning Partnership, ASCEND & Oxhey Library (**Quick Reads Book Club**)
- U3A Croxley Green
- U3A Rickmansworth
- U3A Sarratt

Business:

- West Herts College
- Wenta

Childcare & Parenting:

- West Herts College

Citizenship:

- Centre for Voluntary Service in Three Rivers

Computing (ICT: Information & Computing Technology):

- Abbots Langley Library
- ASCEND
- Chorleywood Library
- Croxley Green Library
- Oxhey Library
- Maple Cross JMI
- Mill End Community Centre (**PC free access only**)
- Parmiter's School
- Rickmansworth Library
- St Joan of Arc School
- U3A Sarratt
- West Herts College
- Wenta (**Website Design only**)

*Also see the Three Rivers District Council
FREE computer course offer on page 5*

Dance:

- Mill End Community Centre (**Ballet/Ballroom/Tap**)
- West Herts College

Discussion Group:

- U3A Sarratt (**Philosophy**)

Environment & Science:

- ASCEND - Dig Deep Allotment
- Batchworth Lock Canal Centre
- U3A Sarratt

Family Learning:

- Adrian Consortium of Extended Schools
- Community Learning Partnership
- Riversmeet Consortium of Extended Schools
- South Oxhey Extended Schools Consortium

*Courses funded by Hertfordshire Adult
& Family Learning Service are expanding,
so also check with your local school.*

Financial Literacy:

- West Herts College

A-Z OF LEARNING OPPORTUNITIES: H-Z

Health & Fitness:

- Countryside Management Service
- Mill End Community Centre (Exercise, 50+ Exercise, Yoga & women's running)
- Three Rivers District Council - Everyday Active
- U3A Croxley Green (Walking)
- U3A Rickmansworth (Tai Chi, Keep Fit, Walking)
- U3A Sarratt (Walking)
- West Herts College
- Yogatree (Yoga)

History, Local History & Family History:

- Abbots Langley Library
- Batchworth Lock Canal Centre
- Chorleywood Library
- Croxley Green Library
- Oxhey Library
- Rickmansworth Library
- Three Rivers Museum Rickmansworth
- U3A Croxley Green
- U3A Rickmansworth
- U3A Sarratt

Languages:

- **English/ESOL:** St Michael's Catholic High School, West Herts College
- **British Sign Language:** Parmiter's School, West Herts College
- **French:** U3A Croxley Green, U3A Rickmansworth, U3A Sarratt
- **German:** U3A Rickmansworth (Conversation)
- **Italian:** U3A Rickmansworth (Conversation), U3A Sarratt
- **Spanish:** Parmiter's School (Beginners), U3A Sarratt

Music:

- St Joan of Arc School
- West Herts College
- U3A Rickmansworth
- WEA
- West Herts College

Personal Development:

- ASCEND
- Community Learning Partnership
- West Herts College

WHAT DO YOU THINK ... about learning opportunities in Three Rivers?

Are you a learner or prospective learner who would like to make your views known?

If so contact:

www.3riverslearningptnrs.btik.com

If you cannot find the information you need from any of the organisations in this Guide, please contact Three Rivers Learning Partnership:

www.3riverslearningptnrs.btik.com

FREE LEARNING OPPORTUNITIES THROUGHOUT THE YEAR		
WHAT	WHERE	CONTACT & BOOKING
<p>Improve your English ESOL Classes (ESOL = English for Speakers of Other Languages). Term time only:</p> <ul style="list-style-type: none"> ▪ Beginners - Tuesdays 1830 - 2030 ▪ Pre-Intermediate - Mondays 1830 - 2030 	<p>St Michael's Catholic High School</p>	<p>Book with ☎ 01923 673 760</p>
<p>Sign up now for courses for parents with children:</p> <ul style="list-style-type: none"> • <i>Once upon a time: for parents & 4-7s - traditional stories from a range of cultures</i> • <i>Dr Who; for parents & 7-11s</i> • <i>Strength in Numbers: for parents & 7-11s</i> • <i>Family Fun with Hartbeeps: for parents & 3-5s - includes singing and music</i> <p>and many more tasters and courses including with art, singing and cookery and arts & crafts.</p>	<p>At primary schools in:</p> <ul style="list-style-type: none"> ○ Abbots Langley ○ Maple Cross ○ Mill End ○ South Oxhey 	<p>Community Learning Partnership Phone Elizabeth Borg on: ☎ 020 8421 5544 or ☎ 07771 992 895</p>
<p>Quick Reads Book Club: Do you or someone you know need encouragement to read more and/or to develop reading and/or discussion skills? This small, friendly group welcomes new members. We discuss the <i>Quick Reads</i> book of the month. <i>Quick Reads</i> are short, exciting books by bestselling authors & celebrities, for adults, who are new to reading, have lost the reading habit, or who prefer a quick read. Some people read them as they are:</p> <ul style="list-style-type: none"> • a great way to sample authors new to them • a handy size for commuters (about 100 pages) • in a clear, large font. 	<p>Oxhey Library & ASCEND</p> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; text-align: center;"> <p>You can borrow the book from the Library, but you don't need to have read it to come along & join</p> </div>	<p>Organised by:</p> <ul style="list-style-type: none"> ▪ Three Rivers Learning Partnership ▪ Hertfordshire Library Service ▪ ASCEND <p>More details: Oxhey Library: ☎ 0300 123 4049 Three Rivers Learning Partnership www.3riverslearningptnrs.btik.com</p>
<p>Computer Courses:</p> <p>Come and join one of our popular computer courses taught by friendly tutors. We have sessions for beginners through to experienced users wanting to brush up on their skills. You will receive a College certificate of achievement on successful completion of your course.</p> <p>If you or someone you know are a Three Rivers Resident who is on benefits, unemployed, seeking employment, or with particular needs (e.g. if you are a carer, a lone parent or have a disability which the computer training will help you with) and you wish to gain confidence and learn new skills in preparation for going back to work, ask us for sponsorship to attend one of these classes.</p>	<p>Times: Daytime & evening courses available</p> <p>Courses at: Croxley Green Library and Oxhey Library.</p>	<p>West Herts College is delighted to work in partnership with Three Rivers District Council to promote learning in the local community.</p> <p>Enquire now about funding for your course by contacting Mary Fraser at Three Rivers District Council on: ☎ 01923 727 101</p> <p>For full course details contact West Herts College on: ☎ 01923 812 345 or visit: www.westherts.ac.uk</p>

FREE LEARNING OPPORTUNITIES THROUGHOUT THE YEAR

WHAT	WHERE	CONTACT & BOOKING	
Computing: UK Online training using 'MyGuide'. Weekly sessions start 28 September until the end of year.	ASCEND: Tuesday 1230 - 1500	Drop-in sessions.	
Job Club Drop Ins: available weekly includes help with CV writing & Internet research; use of office facilities. Online Careers Advice, support to apply for jobs & help & advice on interview techniques.	Oxhey Library: Wednesday 1315-1515 ASCEND: Friday 1300- 1600	Note: Oxhey Library sessions are now weekly.	
Three Rivers Museum: The displays include archaeological and historic background to the area with features on William Penn and Moor Park Mansion. Popular features are past and present photographs and items donated by local residents. Items retrieved from demolitions include the original plaque from the Swan Inn, High Street, Rickmansworth.	The Museum is located at the front of Basing House, next to the library and Watersmeet.	Opening Hours: Monday to Friday: 1400-1600 Saturday: 1000-1600 Other visits by arrangement. www.trmt.org.uk ☎ 01923 775 882	
Outdoor Gyms for everyday active adults: These brand new gyms offer you the opportunity to have fun exercising, whilst enjoying fresh air. 7 items of equipment, offer a range of exercise opportunities, including toning of upper & lower body & fitness to heart & lungs. Whether you're out walking the dog or having a stroll in the Park or taking the children or grandchildren to the Play area, why not have a go!	<ul style="list-style-type: none"> ▪ Leavsedon Country Park, Abbots Langley ▪ Barton Way play area, Croxley Green ▪ Ebury Play Area, Rickmansworth 	Details: Three Rivers District Council: ☎ 01923 776 611 http://www.igeteverydayactive.co.uk/ http://www.threerivers.gov.uk/	
HEALTH WALKS	TIME	WHERE	CONTACT & BOOKING
Walk in Rickmansworth 1: 16 Oct & 13 Nov. Moderate 3-miles, fast pace, with hills/possible stiles.	Saturday 1500 - 1600	Meet: WD3 8BN (public car park Mill End Baptist Church, Field Way).	Health walks are an ideal way of taking exercise: <ul style="list-style-type: none"> ▪ Suitable for all ages & abilities ▪ Local, short and free ▪ Sociable - walk in groups and meet new people ▪ Strengthen your heart, muscles and bones ▪ Good for your wellbeing - de-stress and increase your confidence Most walks take place every week; for more information: Countryside Management Service: ☎ 01727 848 168 http://enquire.hertscc.gov.uk/cms/healthwalks/
Walk in Rickmansworth 2: 3, 31 Oct, 28 Nov, 5 Dec - as above.	Sunday 1500 - 1600	Meet: WD3 1BB (car park next to M& S)	
Two Walks in Abbots Langley: ① moderate 3-mile, possible hills & stiles ② easy/moderate, 2-miles, no hills/stiles.	Thursdays ① & ② 1000 - 1100	Meet: WD5 0AY (Abbots Langley High Street Car Park).	
A choice of Walks in Croxley Green: 8, 22 Oct, 5, 19 Nov, 3, 17, 31 Dec: ① Moderate 3-miles, fast pace moderate hills and possible stiles. ② 1-hr walk also available. ③ Moderate 3-miles moderate hills, fast pace and possible stiles. ④ On request, easy/moderate 2-miles, moderate hills, no stiles.	Alternate Fridays (see dates) ① & ② 1000 - 1130 Every Friday: meet at 0950 for: ③ 1000 - 1130 ④ 1000 - 1100	① & ② Meet: WD3 3RX Harvester (The Two Bridges), Baldwins Lane ③ & ④ Meet: WD3 3HX Coach & Horses , The Green	

FREE COURSES OF LEARNING – COMING SOON

WHAT	TIME	WHERE	CONTACT & BOOKING
First Aid Training for Childminders: two-day course on Saturday 9 ^h & 16 th October	1000-1600	ASCEND	Book with West Herts College ☎ 01923 812 345 (All enrolments are subject to a non-refundable £10 admin fee)
'How to be an Effective Volunteer': program specifically for the Dig Deep Allotment covers some of the safeguarding requirements and look at health & safety around wearing the correct clothing, using equipment/tools in a safe manner, generally managing the role of a volunteer etc. It will culminate with a short session run by CVS gaining a certificate.	Thursday 9 September for 6 weeks	ASCEND	First course Thursday 9 September for 6 weeks. Other course programs have been arranged to take this into 2011. There is a charge of £10; however this is refunded on completion of the programme & attainment of the certificate.
Natural and Seasonal Crafts: planned to take place in November and December.		ASCEND	More information: ☎ 020 8420 1364
Making Natural Lotions, Potions & Homecare Products: planned for early January.		ASCEND	More information: ☎ 020 8420 1364
Angels: Community Learning Champions: New course to start soon. Have fun learning how to help others get involved with learning.			Community Learning Partnership Phone Elizabeth Borg on: ☎ 020 8421 5544 or ☎ 07771 992 895

ABOUT COSTS:

What about costs?

In Three Rivers there are many free learning opportunities, but where there are charges there may be discounts, so please ask.


Also check if you are eligible to study for free:

- **Free tuition for Level 2 courses:** If you are over 19 years & do not have a full Level 2 qualification (i.e. 5 GCSEs grades A to C or equivalent) then you could be eligible for free tuition.
- **Free tuition for Level 3 courses:** If you are over 19 & under 25 years, without previous Level 3 qualifications (i.e. 2 A Levels or equivalent) then these courses are available to you for free with government support.
- To receive free tuition you must meet criteria as set out by both the Government & course provider.
- **If you're between 14 & 25**, without a job & not currently in education, The Prince's Trust may be able to help you overcome your barriers with a small cash grant. **Get in touch:** www.princes-trust.org.uk or
☎ Freephone: **0800 842 842**

FREE Taster Sessions across Three Rivers for: Family Learning Festival: Saturday 16 to Sunday 31 October 2010

SATURDAY 16 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Ashtanga Yoga: incorporates physical & holistic approach to exercise	1100-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
SUNDAY 17 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Step 'N' Sculpt: aerobic workout on the step, body-conditioning finish	1000-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
MONDAY 18 OCTOBER	TIME	WHERE	CONTACT & BOOKING
POP IN: <ul style="list-style-type: none"> ▪ Would you like to know more about what goes on locally - classes, school, centres, halls, clubs etc? ▪ Join us for coffee & biscuits. 	1000-1130	Mill End Community Centre	Just POP IN. millendcentre@btconnect.com ☎ 01923 493 344
Boxing: Best stress busting session with ABS coach.	1900-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
TUESDAY 19 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Computing: UK Online training using 'MyGuide'.	1230 - 1500	ASCEND	Drop-in session
Body Pump: resistance training using barbells & adjustable weights, for all abilities. Pilates: learn how to regain posture control, release stress on muscles & joints to reduce back pain & improve appearance. Aero Circuit: aerobics & body conditioning.	1800-1915 - 2015 -	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
WEDNESDAY 20 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Your Local History: Find out about the local history of Rickmansworth and the Three Rivers area. Explore the Museum with experts to help you. Take part in quiz-sheets - if you want to!	1400-1600	Three Rivers Museum	Just turn up on the day or contact Alan on ☎ 01923 825 298
Pilates: learn how to regain posture control, release stress on muscles & joints to reduce back pain & improve appearance. Boxing: Best stress busting session with ABS coach. Aerotone: aerobics & body conditioning mix.	1830-1900-1930-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222

THURSDAY 21 OCTOBER	TIME	WHERE	CONTACT & BOOKING
<p>Boxercise: combines cardio work, strength training, timing, balance & boxing skills.</p> <p>Legs, Bums & Tums: aerobic warm up plus conditioning exercise for problem areas!</p> <p>Abs Blits: work & tone abdominal muscles.</p>	1900- 1930- 2030-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
FRIDAY 22 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Adult Boxing: Boxing: Best stress busting session with ABS coach.	1900-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
SATURDAY 23 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Ashtanga Yoga: incorporates physical & holistic approach to exercise.	1100-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
Computing: UK Online Training Open Day: learn how to ????... Three 2 hr sessions are available throughout the day - please book.	1000- 1500 ① ② ③	ASCEND	To join one of the sessions contact: ☎ 020 8420 1364
SUNDAY 24 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Step 'N' Sculpt: aerobic workout on the step, body-conditioning finish	1000-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
MONDAY 25 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Adult Boxing: Boxing: Best stress busting session with ABS coach.	1900- 1900-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
TUESDAY 26 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Computing: UK Online training using 'MyGuide'.	1230 - 1500	ASCEND	Drop-in session
<p>Body Pump } as for</p> <p>Pilates } Tuesday 19 Oct</p> <p>Aero Circuit }</p>	1800- 1915 - 2015 -	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
WEDNESDAY 27 OCTOBER	TIME	WHERE	CONTACT & BOOKING
<p>Your local history</p> <p>Find out about the local history of Rickmansworth and the Three Rivers area. Explore the Museum with experts to help you. Take part in quiz-sheets - if you want to!</p>	1400- 1600	Three Rivers Museum	Just turn up on the day. Or contact Alan on ☎ 01923 825 298
<p>Pilates } as for</p> <p>Adult Boxing } Wednesday 20 Oct</p> <p>Aerotone }</p>	1830- 1900- 1930-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222

<p>QUICK READS BOOK CLUB <i>Reading & Writing can change lives</i></p> <p>Come along to join the book club Do you, or someone you know, need encouragement to read more or to develop reading and or discussion skills?</p> <p>Tonight, join us to discuss 'The Dare': At the start of his school holidays, Danny Delaney is looking forward to a trouble-free summer. But he knows that something terrible has happened when his mother returns home one afternoon with two policemen. Mrs Delaney has hit a small boy with her car. The boy is in a coma and no one knows if he will wake up. Danny's mother closes herself off, full of guilt, while Danny and his father are left to pick up the pieces of their broken family.</p> <p><i>More about the Quick Reads Book Club: page 5</i></p>	<p>1900-2030</p>	<p>Oxhey Library</p> <p>This month's Quick Read book: 'The Dare' by John Boyne Author of 2006 novel, 'The Boy In The Striped Pyjamas', made into an award-winning Miramax film.</p> <p><i>Quick Reads</i> are fast-paced, bite-sized books by bestselling writers for emergent readers, ideal for anyone who has lost the reading habit or simply wants a short, fast read.</p>	 <p>www.readingforlife.org.uk</p> <p>Jointly organised by:</p> <ul style="list-style-type: none"> Three Rivers Learning Partnership ASCEND Hertfordshire Library Service <p>More details: Oxhey Library: ☎ 0300 123 4049</p> <p>Three Rivers Learning Partnership www.3riverslearningptnrs.btik.com</p>
<p>THURSDAY 28 OCTOBER</p>	<p>TIME</p>	<p>WHERE</p>	<p>CONTACT & BOOKING</p>
<p>Boxercise } as for Legs, Bums & Tums } Thursday 21 Abs Blitz } October</p>	<p>1900-1930-2030-</p>	<p>YMCA Woodlands Centre</p>	<p>Reception: ☎ 01923 662 222</p>
<p>Oil Painting with Kate: for adults (children over 12 yrs also welcome if with adult). Intro to traditional techniques of drawing & painting in oils.</p>	<p>1930-2030</p>	<p>Mill End Community Centre</p>	<p>e: info@katedavid.co.uk ☎ 01923 770 967 www.katedavid.co.uk</p>
<p>FRIDAY 29 OCTOBER</p>	<p>TIME</p>	<p>WHERE</p>	<p>CONTACT & BOOKING</p>
<p>CLP Family Learning Festival: join our exciting festival, organized in partnership with national charity Campaign for Learning. Lots of free tasters, including: art, singing and cookery. Also a chance to find out about local opportunities to enjoy learning together.</p>	<p>1000-1430</p>	<p>Oxhey Wood School</p>	<p>Community Learning Partnership Phone Elizabeth Borg on: ☎ 020 8421 5544 or ☎ 07771 992895</p>
<p>Adult Boxing: Best stress busting session with ABS coach.</p>	<p>1900-</p>	<p>YMCA Woodlands Centre</p>	<p>Reception: ☎ 01923 662 222</p>
<p>SATURDAY 30 OCTOBER</p>	<p>TIME</p>	<p>WHERE</p>	<p>CONTACT & BOOKING</p>
<p>Croxley Great Barn is a 14th century (1398) huge grain barn. It can be visited - with an expert to tell you its history.</p>	<p>1030 - 1140??</p>	<p>Meet at Caravan Lane, Rickmansworth and a guide will take you to the Barn.</p>	<p>Just turn up or contact Barbara on ☎ 01923 772 325</p>

There is a 10 minute walk to the Barn from there & tour last about an hour.			
Ashtanga Yoga: incorporates physical & holistic approach to exercise.	1100-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222
SUNDAY 31 OCTOBER	TIME	WHERE	CONTACT & BOOKING
Step 'N' Sculpt: aerobic workout on the step, body-conditioning finish	1000-	YMCA Woodlands Centre	Reception: ☎ 01923 662 222

Date tbc			
<p>Intro to the Lock:</p> <ul style="list-style-type: none"> ▪ Short boat trip with commentary on the canal, fauna and flora. ▪ The Little Union Canal, a working model canal system demonstrating how locks work. ▪ Dressing up as Victorian canal people. ▪ Visit '<i>Roger</i>', our historic wooden narrow boat which has been restored as it would have been in Victorian times and hear a talk on how people lived in such a confined space. 	1100-1500	Batchworth Lock Canal Centre	<p>No need to book, just turn up or call Contact Michael Coleman - Education Programme Leader ☎ 01923 778 382 e: enquiries@rwt.org.uk The Canal Centre is a small shop selling gifts & offering free information about the canals & local area. The Cafe should be open for tea, coffee & snacks.</p>

**Three Rivers
Learning Partnership**
*Promoting Learning
in the Community*

**THREE RIVERS LEARNING PARTNERSHIP:
Useful Addresses for Three Rivers Learning
Organisations & Venues Offering Learning
Opportunities, Tasters & Information**

Organisation/Venue	Address	Website & Telephone
Adrian Consortium of Extended Schools (Abbots Langley)	c/o Kathy Buchanan, Extended Schools Coordinator, St Michael's Catholic High School, High Elms Lane, Garston WD25 0SS	☎ 01923 673 760
ASCEND	All Saints' Church Centre, Gosforth Lane, South Oxhey. WD19 7AX	www.ascend.org.uk ☎ 020 8420 1364
Batchworth Lock Canal Centre	Rickmansworth Waterways Trust, 99 Church Street, Rickmansworth WD3 1JJ e: enquiries@rwt.org.uk	Michael Coleman, Education Programme Leader www.rwt.org.uk ☎ 01923 778 382
Bullsland Hall	Bullsland Lane, Chorleywood. WD3 5BH	www.chorleywood-pc.gov.uk/bullsland.htm ☎ 01923 282 568 or 285 594
Chorleywood & Loudwater Children's Centre	Chorleywood Library, Lower Road, Chorleywood. WD3 5LB	☎ 01923 287 305 or ☎ 07966 584 824
CMS (Countryside Management Service)	West & Southern Area, Nursery Site, Hixberry Lane. AL4 0TZ	www.hertsdirect.org/healthwalks ☎ 01727 848 168
Community Learning Partnership Ltd	c/o 111 Oxhey Drive, South Oxhey. WD19 7SW	☎ 020 8421 5544 or ☎ 07771 992895
CVS in Three Rivers	Basing House, 46 High Street, Rickmansworth. WD3 1HP	www.cvs-threerivers.org.uk ☎ 01923 711 174
Guideposts Trust	Henry Smith House ·3-5 Estcourt Road ·WD17 2PT	www.guidepoststrust.org.uk ☎ 01923 223 554
Hertfordshire Adult & Family Learning Service (HAFLS)		www.hertsdirect.org/scholearn/adult/
Herts Careers Services	Delta House ·Avenue One ·Letchworth Garden City ·SG6 2HU	www.hcs.co.uk ☎ 01462 705 000
Home-Start (Watford & Three Rivers)	7 Lord Street, Watford. WD17 2LL e: enquiries@home-startwatford.org.uk	www.home-startwatford.org.uk/ ☎ 01923 248 010

Organisation/Venue	Address	Website & Telephone
Job Centre Plus	Exchange House •60 Exchange Rd •WD18 OJJ Textphone: ☎ 0845 6055 255 standard rate (M-F 8-6 S 9-1) www.jobcentreplus.gov.uk	www.worktrain.gov.uk ☎ 01582 685 200 for job points, training opportunities: Call centre jobseeker direct: ☎ 0845 6060 234
Hertfordshire Library Service:		
o Abbots Langley Library	o Abbots Langley Library, High Street, Abbots Langley. WD5 OAP	www.hertsdirect.org
o Chorleywood Library	o Chorleywood Library, Lower Road, Chorleywood. WD3 5LB	Call ☎ 0300 123 4049 and ask for Library by name
o Croxley Green Library	o Croxley Green Library, Barton Way, Croxley Green. WD3 3HB	
o Oxhey Library	o Oxhey Library, Bridlington Road, South Oxhey, Watford. WD19 7AG	
o Rickmansworth Library	o Rickmansworth Library, High Street, Rickmansworth. WD3 1EH	
Leavesden Country Park	College Road, Abbots Langley. WD5 0GN	
Loudwater Farm	Loudwater Farm, Loudwater. WD3 4HG	
Maple Cross JMI	Denham Way, Maple Cross, Rickmansworth, WD3 9SS e: admin@maplecross.herts.sch.uk	www.maplecross.herts.sch.uk/ ☎ 01923 773 189
Mill End Community Centre	Old School Building, Church Lane, Mill End, Rickmansworth. WD3 8HD e: millendcentre@btconnect.com	www.millendcc.co.uk ☎ 01923 493 344 (Monday-Thursday 0900-1200)
9 Lives Furniture	25 Wharf Lane, Rickmansworth WD3 1HA e: marie@9livesfurniture.org.uk	www.9livesfurniture.org.uk/ ☎ 01923 718 666
learndirect	National Advice Line	www.learndirect.co.uk ☎ 0800 100 900
Nextstep Herts (for people 20 yrs & over)	Delta House •Avenue One •Letchworth Garden City •GC SG6 2HU	www.nextstepherts.org.uk ☎ 01462 704 911
Northwick Day Centre	Northwick Road, South Oxhey. WD19 6RS e: northwick.dayservice@hertsgov.uk	Contact Bev Barber ☎ 0208 421 1891
Parmiter's School	High Elms Lane, Garston, Watford, Herts. WD25 0UU	www.parmiters.herts.sch.uk Adult learning ask for Caron Beary ☎ 01923 671 424
Rickmansworth School	Scots Hill, Rickmansworth. WD3 3AQ	☎ 01923 773 296
Riversmeet Consortium of Schools	c/o Helen Taunt, Extended Schools Co-ordinator, Rickmansworth School, Scots Hill, Rickmansworth. WD3 3AQ	☎ 01923 773296 or Direct Line: ☎ 01923 726 923 or e: esco.threerivers@hertsextendedschools.org.uk

Organisation/Venue	Address	Website & Telephone
Sir James Altham Pool	Little Oxhey Lane, South Oxhey. WD19 6FW	www.threerivers.gov.uk ☎ 020 8421 0211
South Oxhey Children's Centre	Northwick Road, South Oxhey WD19 6NL e: manager.southoxhey@hertschildrenscentres.org.uk	☎ 020 8700 2203
South Oxhey & Carpenders Park Consortium of Schools	Extended Schools Co-ordinator - Ann Saffery c/o Woodhall School, Woodhall Lane, South Oxhey, WD19 6QX e: esco.southoxhey@hertsextendedschools.org.uk	www.hertsextendedschools.org.uk/southoxhey/ ☎ 07969 212 944
St Michael's Catholic High School	High Elms Lane, Garston, Watford, Herts, WD25 0SS	www.stmichaelschs.herts.sch.uk For ESOL ask for Kathy Buchanan ☎ 01923 673 760
St Joan of Arc School	High Street, Rickmansworth WD3 1HG	☎ 01923 773 881 ask Mrs Mortimer
The Music Studio	The Centre, Gosforth Lane, South Oxhey. WD19 7AX	Hertsmere Leisure ☎ 020 8428 4954
Three Rivers District Council (including Everyday Active)	Three Rivers House, Northway, Rickmansworth. WD3 1RL	www.threerivers.gov.uk ☎ 01923 776 611
Three Rivers Learning Partnership	c/o The Hertfordshire Chamber of Commerce & Industry •4 Bishops Square Business Park •Hatfield•AL10 9NE	www.3riverslearningptnrs.btik.com e: lyntelford@hertschamber.com
Three Rivers Museum	Basing House, 46 High Street, Rickmansworth, WD3 1HP e: enquiries@trmt.org.uk	www.trmt.org.uk ☎ 01923 775 882 or 825 298
TCHC (The Consultancy Home Counties Ltd)	Building 1, Marlins Meadow, Croxley Green Business Park. WD18 8YA	www.TCHC.net
U3A Chorleywood	<p style="text-align: center;">U3A (University of the Third Age):</p> <p>Activities available to retired/semi-retired people, who join as members, include educational, creative & social activities for those wanting to keep mind & body active & widen their social circle.</p> <p>Study Groups organised & arranged by members, some taught by experts others share experiences & knowledge of group members, following principle:</p> <p style="text-align: center;"><i>'Those who Learn shall also Teach and those who Teach shall also Learn'</i></p>	
U3A Croxley Green		U3A Croxley Green: Tim Boudery ☎ 01923 224 234
U3A Rickmansworth		U3A Rickmansworth: www.u3asites.org.uk/rickmansworth Jenny Gane e: jennymgane@yahoo.co.uk ☎ 01923 823 091
U3A Sarratt		U3A Sarratt: www.u3asites.org.uk/sarratt Margaret Wakeling ☎ 01923 773 672

Organisation/Venue	Address	Website & Telephone
Watford Credit Union Ltd	First Floor, 59 Clarendon Road. WD17 1LA e: info@watfordcreditunion.co.uk	www.watfordcreditunion.co.uk ☎ 01923 236 401
Watford Mencap	The Old Town Hall, 105 High Street, Rickmansworth. WD3 1AN e: reception@watfordmencap.org.uk	www.watfordmencap.org.uk ☎ 01923 713 620
Watford Observer	Observer House ·Caxton Way ·WD18 8RJ	www.watfordobserver.co.uk/
Wenta	The Wenta Business Centre ·Colne Way ·WD24 7ND e: admin@wenta.co.uk	www.wenta.co.uk ☎ 0875 371 0891
Watford Rural Parish Council	Oxhey Drive, South Oxhey. WD19 7SB e: admin@watfordrpsc.co.uk	☎ 0208 428 0449
WEA	The WEA work in partnership with other Community & Voluntary organisations to provide learning opportunities e.g. ICT, Practical Parent Helpers, PTLLS & more. e: rdavis@wea.org.uk	www.wea.org.uk/eastern Rita Davis, Herts Targeted Programme Organiser ☎ 01438 716 237
Watford Women's Centre	Upper Mall ·29 Charter Place ·WD17 2RU	www.watfordwomenscentre.org.uk ☎ 01923 816 229
West Herts College	www.westherts.ac.uk	☎ Learning Link 01923 812 345
Work Solutions	·Apsley Two ·Brindley Way ·Hemel Hempstead ·HP3 9BF	www.hertsdirect.org/worksolutions ☎ 01442 454 464 Minicom: 01442 454 460
Woodside Leisure Centre, Watford	Horseshoe Lane, Watford. WD25 7HH	www.everyoneactive.co.uk ☎ 01923 892 710
Watford & District YMCA	Woodlands Centre, Linnet Road, off College Road, Abbots Langley. WD5 OGN	www.ymca.org.uk ☎ 01923 662 222
Yogatree	Good weather sessions on Chorleywood Common see website for dates:	www.yogatree.org.uk Halina Rosensztrauch ☎ 07528 122 281

- If your local learning organisation would like to be listed in this Guide
 - Or
 - If you cannot find the contact details you need for a local learning organisation
- Please contact Three Rivers Learning Partnership: www.3riverslearningptnrs.btik.com