



Family First Aid

Course for adults.

Would you like to feel more confident to deal with a First Aid situation? If so, this course is for you!

A 6 hour course, topics covered will include:

- Action at the scene of an emergency
- Cardio Pulmonary Resuscitation
- Choking & Bleeding
- Care of the conscious/unconscious casualty
- Recognition and Treatment of Shock
- Head Injuries and fractures

WHERE?: Yorke Mead Primary School
WHEN?: 7.00- 9.00pm, Wednesdays, 20th & 27th January and 3rd February

OR

WHERE?: Arnett Hills JMI
WHEN?: 9.30am-12.30pm, Saturdays, 6th & 13th March

COST?: £20

*(This course is subsidised by Riversmeet Consortium of Extended Schools)
 (Please note the course will involve some practical tasks- participants are recommended to wear trousers.)*

Places are limited. Please complete the slip below and send to:

Helen Taunt, ESCo, Rickmansworth School, Scots Hill, Rickmansworth, Herts. WD3 3AQ.

Please enclose a cheque for the full amount, made payable to Rickmansworth School.

You will receive confirmation of a place on the course.

Please reserve me a place on the Family First Aid course at:

Yorke Mead Primary School

Arnett Hills JMI

Name: _____

Contact details (for confirmation of place): _____

Signed: _____

Date: _____