

More 4 U @ St Albans South



SUMMER TERM 09!

HALF TERM AND SUMMER HOLIDAYS & NATIONAL FAMILY WEEK!

Once again I have plenty planned for the Half Term break and Summer holidays. We will again be holding cheerleading, dance, gymnastics and basketball as these are ever popular. There will also be two Family events—Family First Aid and Family Circus Skills.
Flyer coming out soon.....

CHILDREN'S CENTRES

The London Colney and Park Street Children's Centre is based at London Colney Nursery School. Please call the Co-ordinator, Julie Lannon for a chat and find out what is going on! 07943 090732.

The new Park Street and St Stephens Children's Centre will be built this Summer on the grounds of Mount Pleasant Lane JMI. More news here soon!

WEBSITE

Our website is updated weekly with events, activities and courses going on throughout the area - make it your home page!

If you would like to receive our flyers electronically then please send a blank email to nhowes@mountpleasant.herts.sch.uk with 'add to parent email list' in the subject line.

Watch out for the new

CONSORTIUM

BOOKLET

COMING SOON!

Need a School?

Where is your nearest doctor?

How do I find a dentist?

It's all in there and a lot more!

A World of Computer Discovery

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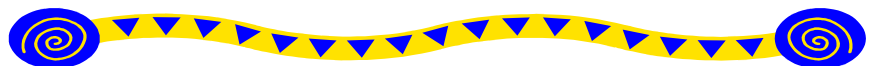
BLUELIGHT COMPUTER TRAINING
COURSES HAVE NOW BEGUN...

To book on a course please come in for dates, availability and prices. Half day or full day course options available, including:

- PC ESSENTIALS
- MICROSOFT EXCEL
- MICROSOFT OUTLOOK
- MICROSOFT PUBLISHER
- and many more



Call: 01727 280062 | Email: sales@bluelightoffice.co.uk
10 How Wood, Park Street AL2 2RA
186 High St, London Colney AL2 1JQ



Worried about your children?

Concerned about their behaviour?

Problems with communication ?

Need some help with general routines?

NOT SURE WHERE TO GO OR WHO TO ASK?

Hilary Blake is your Parent and Family Support Worker.

Call 07595 347323 for an appointment at any time or pop in to one of the drop in sessions!

Mount Pleasant Lane JMI, Mount Pleasant Lane, Bricket Wood AL2 3XA

Wednesdays from 2pm - 6pm Term time

Bowmansgreen Primary School, Telford Road, London Colney AL2 1PH

Fridays from 9am - 10am Term time

www.hertsexterndedschools.org.uk/stalbanssouth

WHATS ON? WHERE? THERE IS MORE 4 U @

SATURDADS

Back by popular demand! Dads and kids Rock School returns!

Mount Pleasant Lane JMI, Mount Pleasant Lane,
Bricket Wood, Herts AL2 3XA.

Sessions 9.30-10.30/10.45-11.45/12-1

£5 per session for 1 Parent/Carer and 1 child. See the
website or May Flyer for booking form.

PARENTING COURSES AND WORKSHOPS

CAN DO KIDS Friday 5th June @ London Colney Children's
Centre with FREE crèche. 9.30-11.30am. Learn ways
to help build your child's confidence and self esteem

SURVIVING THE SUMMER HOLIDAYS - Thurs-
day 9th July 7pm-9pm. Venue to be
confirmed. Strategies for coping with children over the
summer break.

TRANSITION WORKSHOPS - Mondays 15th,
22nd, 29th June, 6th July @ London Colney
Children's Centre.

Phone Hilary Blake on 07595 347323 for more details on these courses/workshops. Check out the website for more
Parenting courses in St Albans and district.

SILVER SURFERS DAY

Friday 15th May is National Silver Surfers Day and we will be having a session at 10am - 12pm for 2 hours for the
over 50's to learn some ICT Skills—even if you have never even turned a PC on before please come along - our
Tutor is very friendly and doesn't BYTE! Get Grandma on Facebook!

THE BASE—LONDON COLNEY

Offers a free and confidential counselling service and mind and body drop in sessions for 11—19 year olds in the
area. There is LOADS going on there—visit www.baseyouthproject.org.uk for more info or just drop in when they
are open! Call Shelley the coordinator on 01727 821639 for more info....

PARENTLINE PLUS—Parent? Need to
talk?

Free phone, impartial, confidential advice
for parents/carers.

24 hour helpline, 365 days a year.

Speak to someone.....

0808 800 2222

Please do let us know if you have any skills you would
like to share with us, perhaps you are a musician or
chef with time on your hands? We would love to hear
from you....

HOW CAN WE HELP?

The More 4 U @ St Albans South Extended Schools Consortium is part of a pilot scheme that has been given Government
backing from Summer 2009 to ensure that children and young people from the most disadvantaged backgrounds and those
in care can participate in extra out-of-hours tuition and after school clubs.

Over the next few years all Schools in Hertfordshire and across England will have a share of this funding and The St Albans
South Consortium will be the initial beneficiary from the Government grant in this area.

The main objective of the pilot project is to ensure that children take part in activities and that their parents are also fully
involved. It also aims to offer attractive and relevant activities to encourage increased and sustained participation.

This funding will help Schools to commission a range of exciting activities, outside of School hours which will enrich our
Communities and give all youngsters a chance to become involved in activities which they normally would not be able to
pay for.

There is a criteria for application and if you would like more details on whether you are eligible for support you can contact

Nikki Howes ESCo

07912 792215

nhowes@mountpleasant.herts.sch.uk

ALL ENQUIRIES WILL BE TREATED CONFIDENTIALLY.

