

# St Albans

## ‘A.S.K’

“Accredited activities & workshops for young people”

There are limited spaces available,  
book early to avoid disappointment

**24th April** - Emergency Life Support Course

**22nd May** - Food Hygiene

**25th June** – ‘Street Wise’ Self Protection Course

**24th & 1st August**- Kayaking + Canoeing Level 1

**21st August** - Kayaking + Canoeing  
Practice day 1

**25th September** - Kayaking + Canoeing Practice day  
2

**23rd October** - Kayaking + Canoeing  
Level 2

**27th November** - Kayaking + Canoeing  
Level 2

**2011**

**22nd January** - First Aid

**26th February** - Food Hygiene

**26th March** - ‘Street Wise’ Self Protection Course



For more information or to  
book your place contact

Kate Barry on 01442 454060

or

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youth  
connexions  
HERTFORDSHIRE

For all 13-19 year olds  
(up to 25 if you have a learning difficulty or a disability)