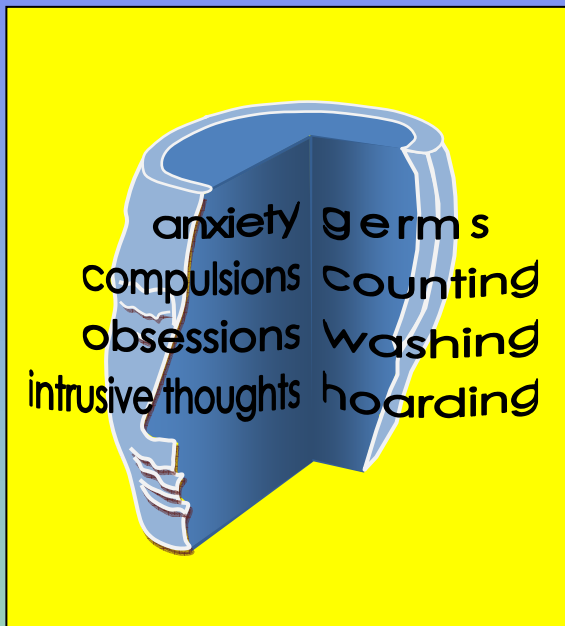


# OCD Sufferers Support Group



## Aims:

- To improve the quality of the lives of OCD sufferers through advice, guidance and emotional support.
- To provide a confidential and empathic environment specifically for sufferers.
- To give helpful information about access to relevant resources.

## Meetings:

- Fortnightly on Tuesdays evenings, 7.00 - 8.30pm from 7th September, 2010.
- At the Stevenage Wellbeing Centre, 13 Town Square, Stevenage, Herts., SG1 1BP.
- Open to all in Hertfordshire.
- No charge for attendance.

## Further details:

- Please contact Jenny Robinson (group leader) on 07769639186 or via email [Jenny@Feellighter.co.uk](mailto:Jenny@Feellighter.co.uk)
- See website [www.FeelLighter.co.uk](http://www.FeelLighter.co.uk) for schedule of meetings and directions.

The group is funded by Hertfordshire County Council Adult Care Services and supported by Mind in Mid Herts.