



From Pram to Primary

Parenting small children
from 0-6 years

How do you cope with all the pressures of daily living and still meet small children's need for affection? What do you do with children who won't eat or sleep or co operate? How do you help children grow in confidence and self-esteem?

This 6 week course offers fresh ideas, and common sense suggestions to support parents

9.30-11.30 am Tuesdays

On June 7th, 14th, 21st,
28th, July 5th and 12th

At London Colney Scout Hut
(off St Anne's Road)

For more details and to book
please contact: Helen Taylor 07825933810
or Heli Galvez, Debbie Clayworth on 01727
82210196, ext 3

London Colney Children's Centre, St Albans



