

PARENTAL CONSENT / BOOKING FORM

YOUNG PERSON'S DETAILS

Young person's name.....
Age..... D.O.B.....
M / F School.....

Does the above person:
Have a medical condition requiring
treatment or medication Y / N
Have an allergy to certain medication Y / N
If yes please give details:

Are they able to administer their own medicine Y / N
Has he / she received a tetanus injection in the
last 5 years: Y / N
Has he / she been in contact with any contagious
or infectious diseases or suffered from anything
in the last 4 weeks that may become contagious
or infectious? If yes give details Y / N

Does he / she have any special dietary
requirements? If yes please give details Y / N

Swimming ability.....

EMERGENCY CONTACT INFORMATION

(Please ensure both contact details are completed)

Main Contact

Parent / Carer name.....
Relationship to young person.....
Address.....
.....
..... Postcode.....

Tel no..... Mobile.....

Alternative Contact

Parent / Carer name.....
Relationship to young person.....
Address.....
.....
..... Postcode.....

Tel no..... Mobile.....

DOCTOR'S DETAILS

Name.....
Address.....
..... Postcode.....
Tel no.....

DECLARATION

I have received and understand the details of the activities
booked. I agree that:

Full Name.....

- Can participate in the trips/activities stipulated
- Is in good health and fit to participate in the activities described
- Can receive medical attention
- I undertake to inform the group leader as soon as possible of any medical changes or circumstances
- I acknowledge the need of the person named to behave responsibly, listen to instructions and agree to the establishment's procedures in this respect. I also agree that if the behaviour of the person named becomes unacceptable, it is my responsibility to collect them if the group leader wishes me to do so

• **PHOTOGRAPHS:** Youth Connexions Hertfordshire uses photographs to promote its services and those of community projects on the website and in our publications. We are keen to ensure that you are happy for us to use any pictures which feature the named person on this form. Photographs will remain the property of Herts County Council and will not be sold or given to any third party.
Parent / Guardian / Carer

Signature..... Date.....

Youth Connexions offers information, advice, guidance and support and a range of positive activities that are fun and challenging. For more information visit:



2011 Summer Activities for young people in St Albans

Programme and Booking form

Come and make the most of your free time this summer by getting involved in some of the activities that are available.



Return the completed parental consent form on the reverse of this leaflet, with payment to: FREEPOST RRJR-CELY-BGZZ, Youth Connexions Hertfordshire, Apsley Two, Post Point 22-AP2007, Brindley Way, Hemel Hempstead, HP3 9BF
Cheques are payable to 'Hertfordshire County Council'

For all 13-19 year olds
(up to 25 if you have a learning difficulty or a disability)



Stay Afloat

Paddle Power Level 1 to 9

Come and learn how to Kayak or improve on the skills you already have. This three day course will cover capsizing, paddling, turning, and much more.

Monday 1st to Wednesday 3rd August

£10 per person

Please tick to book your place

Our City

London Duck Tour

Experience the spectacular sights and sounds of central London by land and river without leaving the comfort of your seat. Let our entertaining and knowledgeable guides lead you around the key landmarks of the capital before splashing down into the Thames.

Friday 5th August

£15 per person

Please tick to book your place

Living in the Woods - Grylls Style

24 hr residential

Surviving in the woods - Bear Grylls style. We will build shelters to sleep in and fires to cook on & keep warm. With the correct equipment and a bit of know-how, we will be safe and keep warm and toasty throughout the night.

Tuesday 9th to Wednesday 10th August

£15 per person

Please tick to book your place

The BIG cook off

Cook a three course meal

Do you fancy yourself as the next Jamie Oliver or Delia Smith? Then come along and learn how to cook a three course meal. From the planning, to the shopping, to the cooking and then of course, the eating.

Friday 12th August

£5 per person

Please tick to book your place

I've not be there for years!

Museum tours and chilling in the royal parks

We're off to the Science and Natural History Museums and to end the day we will be visiting some of the Royal Parks.

Friday 19th August

£5 per person

Please tick to book your place

Music in the Making

Music workshop @ Pioneer Youth Centre

Learn the basics of playing a guitar, drums or even learn how to create music on the Apple Macs.

Monday 15th to Friday 19th August

£5 per person for the week

Please tick to book your place

There will be limited spaces available on the activities offered, so be sure to book as early as possible. For more information please contact the St Albans Team on 01442 454086, email youth.connexions@hertscc.gov.uk or visit www.mogozout.org

All activities and venues are correct at time of going to print but are subject to change

Climbatize

Multi-Activity days out

PT1 - Herts Young Mariners Base

We're off to our main outdoor education centre to take part in problem solving, raft building and canoeing.

Monday 22nd August

£10 per person

Please tick to book your place

PT2 - Phasels Wood

On this visit we will be taking part in the following: archery, pot-holing, zip wire and crate stacking.

Tuesday 30th August

£10 per person

Please tick to book your place

Street Art

Graffiti Project @ Harpenden Youth Centre

Want to be the next Banksy? This is the place for you. Come along and learn how to do street art.

Tuesday 23rd – Wednesday 24th August

£5 per person for both days

Please tick to book your place

The Nation's Thrill Capital

Thorpe Park

Back by popular demand – day trip to Thorpe Park

Friday 26th August

Standard Price - £25 per person

If other activities are booked the price will reduce to the following:

+1 Activity - £18

+2 Activities - £15

+3 Activities - £10

Please tick to book your place

No booking required

STA Sports

Saturdays – 6.30pm till 8.30pm

From football to trampolining to baseball to table tennis to basketball to dance to arts to chilling, STA Sports Project at Francis Bacon School is the place to be.

50p per person, per session

Live Music & Showcase Events

at Pioneer Youth Centre

7pm 'til 10pm

Friday 5th August - Regular music events organised by young people for local bands to showcase their talent.

£2.50 when tickets are bought in advance at the Alban Arena box office 01727 844488

or

£5 on the door – tickets go on sale at 6.30pm

Friday 19th August - Open Mic night, come along and perform in front of your peers whether its music, dancing, singing, juggling, comedy.

£1.50 on the door