



ADULT KEEP FIT AND EXERCISE CLASS

LADIES

**Come along and keep fit with
Rachel Bravo**

**Thursday mornings 9.05-10.05am
At**

**Fleetville Junior School,
228 Hatfield Road, St Albans**

**£3.50 for drop in session
(3.00 for half termly booking)**

Extended Schools



Linking Schools and the Community

**To book call Jo Maher:
Tel. 01727 855134
Mobile. 07939 111152**