



Creating Food Confident Children

## January 2010

### New Course dates for Growing Cooks (age 5 - 12 year olds)

**We are offering 2 new courses this term for children aged 5-12. These themed courses teach special skills and are both great fun and educational.**

Develop your creative side whilst you prepare some beautiful 'naughty but nice' treats at our

## CREATIVE CUPCAKE WORKSHOP

A 2 hour workshop where you get to make and bake a tray of delectable Pattacakes cupcakes which we then show you how to decorate just like the professionals. You will take home a box of cakes that will rival any bakery and are guaranteed to taste delicious too!

Saturday 27th February 10-12am at St Georges School, Harpenden

**£22 per child**

Explore Italian cooking and amaze your family with your new found skills

## PASTA MAKING WORKSHOP

A 2 hour workshop for 5 - 12 year olds where you will make fresh pasta dough from scratch and learn how to turn it into tagliatelle, spaghetti and tortellini or ravioli. You will then use the pasta to make some delicious dishes which you bring home to share with your family.

Saturday 24th April 10-12am St Georges School Harpenden

**£22 per child**

For more details or to book a place phone 01582  
769855 /762986 or email by clicking [here](#)

**HAVE YOUR CHILDREN BEEN ON ONE OF OUR  
UNIQUE**

## **COOKERY AND CERAMIC PAINTING WORKSHOPS**

These highly enjoyable children's workshops, for 5 - 12 year olds, are run in conjunction with pottery painting company 'Made by Me' and always book up quickly. During the 3 hour workshop children create a piece of painted pottery and make two dishes under the supervision of expert tutors. We have a date for our next course which will be on

**Saturday 20th March**

from 2 -5 pm at St Nicholas Church Hall, Harpenden.

If interested see our website or made by me or give us a call on  
01582 769855 / 762986 or email us

Please advise at the time of booking if there are any food intolerances, allergies or other special needs we need to know about. We can adapt most things to make them suitable if we know beforehand. All ingredients, equipment and aprons provided. Children take home the food they cook with a recipe. Pattacakes recipes have been specially developed and adapted to make them child friendly by our home economists. Our leaders are qualified and experienced food coaches. Pattacakes and 'Made by Me' are fully insured

Please forward this to friends who may be interested in

our workshops



**Pattacakes Cookery School**

**01582 762986 / 769855**

or click here email us

**[www.pattacakes.com](http://www.pattacakes.com)**

