



# Tring Sportspace February 2010 Holiday Camps with Apex Multisports

Suitable for Ages 5+ \*nb Casual Swim 8+

Who are *Apex Multisports*?  
*Apex Multisports*, is a sports coaching agency based in Hertfordshire, offering a wide range of sporting activities to athletes of all ages and abilities in and around Hertfordshire all delivered by qualified NGB coaches.

What do I need to bring to an *Apex Multisports* Holiday Camp?

- Packed Lunch
- Wet Weather Clothing
- Sports footwear
- Suncream, Sun Hat
- Medicine (If applicable)

What can I expect from an *Apex Multisports* Holiday Camp?

- Structured Sessions plus 'Freetime'
- An enjoyable form of exercise for your child
- Fully CRB checked coaches

If you wish for your child to attend one of *Apex Multisports* Holiday Camps please complete the form below. **Please make cheques payable to Apex Multisports Ltd.** and send it to Apex Multisports Care of **Stewart Hunt**, Unit 6, Apsley Mills Cottage, London Road, Hemel Hempstead, Hertfordshire, HP3 9RL

**Details of Camp**  
10:00am to 12:30pm (1/2 Day) or 10:00am to 3:00pm (Full day).  
  
Over 5's Can attend a **Fun Pool session from Monday to Thursday from 3pm to 4:25pm.**  
Over 8'S Can attend a **Casual swimming** (with Floats) session on the Friday from 2pm to 3:25pm  
  
The **Fun Pool session** will be the large pool inflatable, monster fun, (not swimming with floats) - (children will need to be confident swimmers: able to swim 25 meters without swim aids and be confident in deep water).  
For the **Casual Swimming** (with floats) on the Friday, children must be aged 8+  
  
Please note that each day we also provide an **Early Drop Off** scheme charged at **£1.50 for the hour.** The earliest drop off being at **9.00am**

**Book by  
the  
29<sup>th</sup> of  
January  
2010 and  
receive  
20% off**

✂

Child's Name: ..... Age: ..... Date of birth ..... School: .....

Parent Guardian Name: ..... Address: .....

Emergency Contact Number: ..... Alternative Contact Number.....

Email Address..... Medical Conditions:.....

DATE	Monday 15th February	Tuesday 16th February	Wednesday 17th February	Thursday 18th February	Friday 19th February	Early Bird Discount	Sub Total
Day Attendance £13.00 (Half Day £7.50)							
Early Drop Off (£1.50)						<b>-20% Off</b>	
Swim (£2.50) (3pm to 4:25pm)*	*	*	*	*	**		

\*Fun Pool session runs Monday to Thursday 3pm to 4:25pm - ages 5+  
\*\* Casual swimming available on the Friday 2pm to 3:25pm - ages 8+

**Total**

Cash  Cheque  Apex Multisports may take photo's, at the Camps for promotional use, please tick if you DO NOT wish your child to be photographed

I understand and accept that whilst all reasonable care will be taken, neither *Apex Multisports*, nor any personnel authorised by it, nor the school or facility, at which the course is being held, will be held responsible for any loss or injury suffered by, or to, the applicant, however caused.