

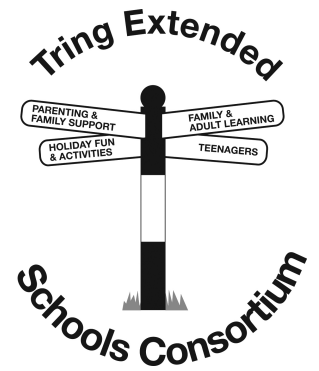
Tring Extended Schools Consortium

Want to stay a step ahead of your kids?

Feel like you've got a teenager already?

If it feels like your child has already turned into a teen, or you want to be ready for whatever the next few years brings, this 4 week course could help.

Run by Parent Centred Support, it aims to help parents understand how a pre-teen thinks and what to expect. Ideas include how to handle common problems, communication and helping to build relationships.



For: **parents** of pre-teens or early teens

Dates: **24th, 31st March and 7th and 14th April**

Time: **7pm—9pm**

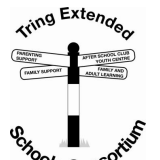
Where: **Orchard Children's Centre** (Dundale School), Silk Mill Way, (HP23 5DJ)

...and best of all it's **FREE!**

To **book** , or for more information, call **07598 329823**
or email Tring Extended Schools at:
coordinator.tring@hertsexextendedschools.org.uk



www.hertsdirect.org/childrenstrust



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