



The Runaway Circus

Dance, Circus Skills, Puppet Making, Drama and much, much more....

A 5 day summer project for disabled and non disabled young people aged 10-25years

This summer ActOne ArtsBase will be putting on a 5 day theatre project for 10 – 25 year olds called 'the Runaway Circus'! All ActOne projects are completely accessible for young people of all abilities, we welcome both disabled and non disabled participants.

Over the course of the week participants will work alongside leading dance and theatre experts to devise a production based on a runaway circus, encompassing dance, circus skills, drama and puppetry. The performers aim is to share with their audiences the importance of healthy eating and healthy living. The characters show the audience how to achieve a healthy lifestyle through the stories they have to tell.



Through participating in the Runaway Circus participants will gain a much enhanced understanding and appreciation of how to stay as healthy as possible whilst having fun, learning new skills and gaining confidence!

Dates: Monday 22nd – Friday 26th August 2011

Times: 10am – 3pm daily

Location: Middleton School, Walnut Tree Walk, Ware, Herts, SG12 9PD

Cost: £100 for the week (cost should never be a barrier to participating in an ActOne project so if you would like to attend but are unable to afford the full fee please contact Jo at ActOne to discuss alternative funding possibilities)

How to book: Email jo@artsbase.org.uk or call the office on **01707 338373**. Office hours are between 9am and 5pm Monday to Friday.

About ActOne ArtsBase: ActOne is a dance theatre company specialising in integrating disabled and non disabled children, young people and adults within our many projects. There are weekly dance sessions, holiday projects, an inclusive nightclub for young people aged 13+, a training programme for aspiring dance professionals and a professional performance company providing performances and workshops for the community. Sessions are structured to involve and challenge every participant to their maximum ability. We are committed to enabling all young people to participate without being judged or undervalued and to facilitating communication through the universal language of dance. ActOne puts ability, not disability, centre-stage!



“For the first time ever I feel like my daughter is being valued as the dancer she is. Nobody here has ever seen her wheelchair as a disability, more as an opportunity to move in a unique way” (parent)