



Introduction to Children's Centres

Children's Centres have been created to offer integrated services to local communities. This enables families with children five years and under to benefit from guidance, to make informed choices, and to gain support in every aspect of family and child development.

These services include the following:

- Access to early years development through day nurseries, pre-schools and the extended schools network.
- Family health services via the health visitors and nursery nurses which includes ante and postnatal care.
- Signposting and support with contacting additional services and organisations that offer more specialist help.
- Information on education, training and employment via links with Jobcentre Plus.
- Access to the local childminding network.
- Family Outreach support providing drop in sessions, home visits with practical help in accessing sessions. Plans to develop more assistance to families in isolated rural locations.



Ash Valley Children's Centre

The Mobile Classroom, Tower School, Tower Road, Ware SG12 7LP
Tel: 01920 468263 Email: ashvalleyadmin@childsoc.org.uk

Children's Centre Co-ordinator **Emma Baker**
Administration Manager **Sharon Houghton**
Programme Manager **Lisa Swales**



Ash Valley is working in partnership with Silver Birches Children's Centre (Ware North) and Hertfordshire Community Health Services to support local families.



Our Mission Statement At Ash Valley Children's Centre, we believe:

- That each child has the right to be listened to and given the opportunity to express their own uniqueness.
- That both the child and those caring for them have the right to be instrumental in shaping and defining the project.
- That by promoting child centredness, active listening and participation, we encourage positive child development and stronger relationships within the community.



What's on for families with under 5s



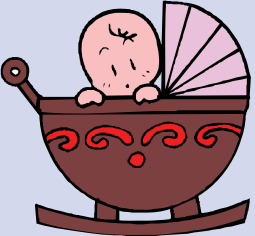

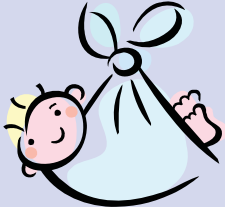


 **Jan-April 2011 Programme**



**The Mobile Classroom
Tower School
Tower Road
Ware SG12 7LP**



Programme of events

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	<p>Toy Library starts 24th January then every other Monday at Wodson Park in the small hall 10am-11.30am</p> 	<p>Citizens Advice at Ware Priory 10-1pm</p> <p>Stay and Play Starting 1st February at Sacred Hearts Church, Ware 9.30-11am for more information please ring 01920 468263</p>	<p>The Breastfeeding Support Group is at Bowling Road Health Clinic. 10.30am-12pm</p> <p>Childminding Active Play session once a month £1.50</p> <p>Childminder Stay & Play weekly £1 per session activities and snack provided</p>	<p>Stay and Play Activities, arts & crafts, musical instruments and a singsong Come along and make new friends 9.15am-11.15am £1 per session Refreshments & healthy snack provided</p>	<p>Ware Multiple Births Group Open day 11th February Then every Friday 10.15-12.15</p> 	<p>Dads, Lads & Little Ladies Group for Dads, Uncles, Grandads and all male carers. Games, arts & crafts and breakfast too! All for just £1.50 per family 8th Jan, 5th Feb, 5th March More dates soon!</p>
Afternoon	<p>Bonnie Babies Group for parents and carers of babies up to 12 months old. 1pm-3pm £1 per session Refreshments provided</p> 	<p>Pop in and register with the Children's Centre and keep up to date with activities and courses running at the Centre</p> 	<p>Post Natal Baby Massage 1.00pm-2.30pm This group is by invitation, please call Ware Health Visitors on 01920 462388</p> 	<p>Course starting 27th January The Boys' Development Programme This is for parents/carers of boys under 5 How to use effective discipline methods and preparing them for School 12.30pm-2.30pm</p>	<p>4YM group for teenage mums to come along and join in healthy eating sessions & fun and activities. Coming Soon!</p> 	<p>Ash Valley Children's Centre regularly run parenting courses, we are also open during the school holidays and hold fun activities and arts and craft sessions. For more information please feel to drop in or call us on 01920 468263</p> 

We welcome your feedback and ideas! If you require any further information on the services we offer please call Emma or Sharon on **01920 468263**