

adult training courses



Pro-Action

Hertfordshire's Young People - their future : our future

Red Cross – Emergency Life Support

A 4-hour course, essential for providing emergency first aid until paramedics arrive. Every organisation open to the public should have a first aider on site. Certificate of competence issued - valid for 3 years.

Behaviour Management

Course covers 'What is difficult behaviour' exploring behaviour and assertiveness techniques by applying theory to real life examples. Certificate of attendance issued.

Level 1 – Basic

Safeguarding Awareness

This course is essential for any person who supports the delivery of services for Children and Young People (C&YP). Introduction to safeguarding processes and procedures. Certificate of competence issued – valid for 3 years.

Level 2 – Designated Professional Safeguarding

Following on from Level 1, this course is aimed at developing the skills of the designated lead for safeguarding in organisations delivering services to C&YP. Certificate of competence issued – valid for 3 years.

CIEH Level 2 – Food Safety

A 6 hour course enhancing awareness of preparation, cooking and serving food. Necessary for any organisation handling or offering any food to C&YP. Short multiple choice exam to gain certificate – valid for 3 years.

CIEH Level 2 – Health & Safety

A 6 hour course on H&S legislation and welfare, dealing with theory and practical risk assessments. Necessary for the lead professional in any organisation working with Children & Young People responsible for H&S. Short multiple choice exam to gain certificate of competence – valid for 3 years.

Day Certificate in Sports Leadership

The Day Certificate has been designed to support adults in a variety of different settings to deliver physical activities as a part of their projects programme. Sports Leaders UK state that candidates who have engaged with the Day Certificate in Sport Leadership now feel more

confident and assertive in their role as a Sports Leaders; delivering quality and engaging activities for young people. Sports Leaders - Certificate issued.

Sexual Health Awareness Session

Session aims to raise practitioner's knowledge of sexual health in adolescents, including relevant information, advice and guidance. Certificate of attendance issued.

Drugs Awareness

Session aims to raise practitioners' knowledge of drugs and their street names and their physical effects on young people. Certificate of attendance is issued.

Disability Awareness Session

This session aims to increase your awareness of working with young people with disabilities in a youth work setting. You will explore different techniques and integration methods and a raised awareness of an integrated approach to delivering positive activities. Certificate of attendance issued.

www.pro-actionherts.org

course date, time & venue



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Red Cross Emergency Life Support

Saturday 9th Oct, 1–5pm, Stevenage
Saturday 17th Oct, 1–5pm, Dacourt
Saturday 13th Nov, 1–5pm, Watford
Sunday 28th Nov, 1–5pm, Hatfield

Behaviour Management

Saturday 16th Oct, 10–4pm, St. Albans
Sunday 14th Nov, 10–4pm, Stevenage

Level 1: Basic Safeguarding Awareness Training

Wednesday 27th Oct, 7–10pm, Stevenage
Thursday 4th Nov, 7–10pm, Hemel Hempstead
Tuesday 16th Nov, 7–10pm, East Herts
Thursday 2nd Dec, 7–10pm, Watford

Level 2: Designated

Professional Safeguarding

Saturday 6th Nov, 10–4pm, Hatfield
Sunday 21st Nov, 10–4pm, Stevenage

CIEH Level 2 in Food Safety

Sunday 10th Oct, 10–4pm, Stevenage
Saturday 20th Nov, 10–4pm, Watford

CIEH Level 2 in Health & Safety

Sunday 7th Nov, 10–4pm, Hatfield

Day Certificate in Sports Leadership

Saturday 27th Nov, 10–5pm, Hatfield

Sexual Health Awareness Training

Wednesday 17th Nov, 7–10pm, Stevenage

Drugs Awareness Session

Thursday 11th Nov, 7–10pm, St. Albans

Disability Awareness Session

Tuesday 30th Nov, 7–10pm, East Herts

This is Pro-Action's current range of Adult Training courses.

Please note courses and venues may be subject to change and extra courses are planned. So for up to date information or booking please visit the Pro-Action Website **www.pro-actionherts.org** or call 01707 276859.

FREE – For Pro-Action members

£15 – other Voluntary and Community Sector organisations

£30 – for all other organisations.

Working in Partnership with



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