

Raising Confident Children

A **FREE** 5 week workshop for parents and carers of
6 – 13 year olds



Sessions include:

- Boosting your child's self-esteem
- Building your own confidence
- How to cope as a family unit

Date: Wednesday 3rd, 10th, 17th, 24th November and 1st December 2010

Time: 7:00pm – 9:00pm

Venue: Ash Valley Children's Centre, C/o Tower School, Tower Road,
Ware, SG12 7LP

**To book your place, please call
Mel Priest, District Partnership Team,
on; 01992 556372**