

Raising Kids in the 21st Century (5-11 Focus)



A **FREE** 6 week course for parents
and carers of children aged 5 to 11 years old

There are six core workshops focusing on different areas
of parenting. Sessions covered include:

- *What Children really need* - encouragement and praise, understanding each unique personality.
- *Developing Emotional Security* - self esteem, different ways we can show love to our children, active listening skills.
- *Loving Limits* - developing a loving discipline style for your family.
- *Keeping Safe* - the dangers children face, risks of playing, using babysitters, bullying, talking about sex, safe screen time .
- *Keeping Sane* - allowing you, the parent, to realise you have needs too!

9th June – 14th July 2011
Thursdays, 9.30 – 11.30 am



Flamstead End Primary School
Longfield Lane
Flamstead End
Cheshunt EN7 6JG



To book your place, please return the reply slip to **Your Childs School Office** or
Churchgate Extended Schools Consortium, St Mary's High School, Lieutenant Ellis Way, Cheshunt EN7 5FB
Email: admin.extendschools@st-maryshigh.herts.sch.uk – web: www.hertsextingschools.org.uk/churchgate
Tel: 01992 412647

by **Monday, 6th June 2011**. We will contact you before the course to confirm your place.

I would like to book a place on the **Raising Kids in the 21st Century** course at Flamstead End
Primary School starting on Thursday, 9th June 2011

Name: _____

Address: _____

Post Code: _____ Mobile No: _____ Tel No: _____

Email: _____ Child's School: _____