

Improving Self Esteem in our Children



**FREE 1 week workshop for parents and carers
of 3 – 11 year olds.**

- Self esteem and why it is important
- Different ways we can show love to our children.
- How we can make children feel loved and why it is important
- Active listening skills

Crèche places
available at a cost of
£2 – payable in
advance to the Beane
Valley Children's
Centre

D a t e... Wednesday 20th October 2010
T i m e... 1.00pm – 3.00pm
V e n u e... Watton-at-Stone Community Hall
School Lane
Off High Street
Watton at Stone.

**To book your place, please call Mel Priest,
District Partnership Team, on 01992 556 372**

