



Activities at sessions vary from week to week and can include baby soft play, stories, active and messy play, painting & drawing, music and rhymes and we encourage family adults/carers to join in with their children.



Outdoor activities are sometimes available at the main centre so please remember to use sun screen and bring hats etc. especially in warm weather. Please remember that you are responsible for your children at all times.

We are looking for volunteers and parent helpers to help with setting up & clearing up, making drinks and helping to run sessions. If you are interested please contact the centre on **01920 463949** for details.

We welcome feedback and if you have any comments please fill in one of our new 'Compliments, Comments & Complaints' forms available at sessions. Thank you.

Silver Birches Children's Centre, St Catherine's School,
Park Road, Ware, SG12 0AW.

01920 463949 or 07540 050845 or email
silverbirches@ymcacentralherts.org.uk
www.silverbircheschildrenscentre.org.uk

Silver Birches Children's Centre works with Ash Valley Children's Centre (Ware South) and Ware Health Team to support local families.



Silver Birches

Children's Centre

A Sure Start Children's Centre







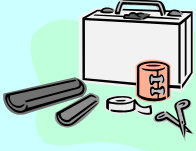

Ware North and Villages: Standon, Colliers End,
High Cross, Thundridge, Wadesmill
& Cold Christmas

April - July 2011



Sessions for families & carers
with children under 5

What's on for families with under 5s April – July 2011

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	<p>Thundridge Village Hall Stay and Play 0 – 5 years 9.00am – 10.30am</p>  <p>Every Monday during term time</p> <p>£1 per family</p> <p>Silver Birches supports Ware Toy Library with art & craft activities on alternate Mondays at Wodson Park. Full details 07866 59921 or www.waretoylibrary.co.uk</p>	<p>Weaning Group run by Ware Health Team at Silver Birches Children's Centre, Park Road, Ware 10.00am – 11.30 am on the first Tuesday of each month Apr 5, May 3 and June 7</p>  <p>Citizens Advice at Ware Priory 10.00am – 1.00pm</p>	<p>High Cross Village Hall Stay and Play 0 – 5 years 9.15am – 11.30am</p>  <p>£1 per family</p> <p>Magical Music Box starting May – dates to be announced</p>  <p>Breastfeeding Support Group Bowling Road Health Clinic 10.30am – 12pm</p>	<p>Silver Birches Children's Centre is open for enquiries. Please call in, phone or email</p> <p>Don't forget we can help with information, support and signposting to local services e.g. health, childcare, Jobcentre Plus, training and more</p>	<p>Silver Birches Children's Centre, Park Road Ware Stay and Play Toddlers 9.00am – 10.30am</p> <p>£1 per family</p> <p>Magical Music Box starting May – dates to be announced</p> 	<p>Dads, Lads & Little Ladies A group for dads, uncles, granddads and all male carers. Games, arts & crafts and breakfast too! £1.50 per family</p> <p>At Ash Valley Children's Centre 10am -12pm April 2, May 7, June 4 and at Churchfields Children's Centre 1.00pm – 2.30pm April 16, May 21, June 18 See leaflet for further details</p>
PM	<p>Silver Birches Children's Centre, Park Road Ware Stay and Play Toddlers 1.30pm – 3.00pm</p> <p>£1 per family</p> 	<p>Family first aid courses coming soon – dates and times to be announced</p> 	<p>Silver Birches Children's Centre, Park Road Ware Under Ones Group Music, rhymes and baby play 2.00pm – 3.30pm £1 per family</p>  <p>Magical Music Box for Under Ones Starting May – dates to be announced</p>	<p>If you are claiming Income Support, Housing/Council Tax Benefit, Income Based Job Seekers Allowance or Income related ESA you could be entitled to a discount of 50 %-100%. Please contact the office on 01920 463949 for further details.</p>		