

THE RURBAN PROJECT?



**EIGHT WEEKS
OF FREE
MULTI-SPORTS
SESSIONS**

For young people
aged 13 to 16
years of age

MULTI
CULTURAL
CENTRE (MCC),
DURBAN ROAD,
WATFORD.
7PM TO 8.30PM,
TUES 28 SEPT
UNTIL 2 NOV
2010

FOOTBALL
KWIK CRICKET
LONGBALL
DODGEBALL
BOOT CAMP
(Circuit training)
NON CONTACT
BOXING

Contact: Nasar Iqbal on tel: 07787 002394
or email: nasar.iqbal@watford.gov.uk



Parent consent and application

Your child has expressed an interest in participating in the RURBAN Project. In order to attend, all participants must gain permission from a parent or guardian. This form provides consent for your child's participation at all activities. This form must be completed for any participant attending the RURBAN Project and be brought to the first session the participant attends.

Terms and conditions: Please read carefully

I acknowledge all participants will be responsible for making their own way to and from the MCC venue.

If any emergency medical treatment becomes necessary, I authorise the coach/tutor to act as necessary, including signing a consent form on my behalf if required by the medical authorities.

I acknowledge that Watford Borough Council staff are responsible for participants only whilst they are attending the session or tournament. They are however free to come and go as they please during the sessions, and staff cannot be held responsible for their welfare once they have left the site.

I acknowledge and accept that the Watford Borough Council or it's respective servants shall not have any liability in respect of any loss or damage to persons or property whilst in attendance on the applied course(s).

Behaviour towards others (your peers and coaches) must be co-operative and respectful at all times.

Watford Borough Council reserve the right to refuse admission to any of the listed events.

Photography and filming may take place during the sessions for publicity and monitoring purposes.

Please complete all details below:

Participant's name:

Participant's address:

Participant's contact tel:

Participant's date of birth:

Participant's email address:

Parent's contact mobile No:

Parent's email address:

Address: _____

Post Code:

Rules of respect

I agree to the terms and conditions above

I agree to make every effort to make these sessions fun and enjoyable by:

- Avoiding racist, sexist or abusive language or behaviour
- Not spitting or undertaking any alcohol or drug consumption during or around sessions
- Respecting the coaches, equipment and all sports centre property
- Promoting fair play at all time during and around sessions

Parent / Guardian signature:

Signature of young person

Date: