

123magic

Understanding and managing children's behaviour (under 12's)

Free course for parents living in Watford

This course helps provide parents with strategies to stop undesirable behaviour encourage and reward good behaviour and rekindle their enjoyment of family life.

This six session programme is designed to help parents encourage positive behaviour. It explores children's major and minor behaviours including sibling rivalry, conflict and tantrums and how applying the rules of 123 Magic can really make a difference. The sessions also promote self preservation – reminding parents that taking care of themselves and their needs are important too.

"I was very impressed with the 'stop' technique. It has made a tremendous difference to my family".



**Families
in Focus
Ltd**
*Looking
forward
together*

**7.00 – 9.00 p.m.
5th March – 2nd April 2009**

**For more information call Maureen Miller 079 222 22 712
or Jane at Families In Focus Ltd on 01442 219720**

To book a place on this course please complete the slip below and post to;
Maureen Miller, SchoolsPlus Extended Schools Consortium Co-ordinator,
22 Tolpits Lane, WATFORD WD18 6NR

Name:

Address: Post Code:

Telephone contact:email

| Name of child | Age |
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