

## DanceBase opens at West Herts College First session free of charge!

### Dance Theatre project for disabled and non disabled young people

Learn dance skills, make new friends and develop your confidence with ActOne's 'DanceBase', an after school dance theatre project for disabled and non disabled children and young people aged 5 – 25. DanceBase takes place in Ware and now we have a brand new project opening in Watford!

**DanceBase** is a completely accessible weekly dance theatre session for children and young people of all abilities aged 5 - 25. Sessions have a unique atmosphere where difference and individuality are celebrated.

#### Dates and Times

Summer Term starts 4<sup>th</sup> May 2011

#### DanceBase Watford – WEDNESDAYS

West Herts College, Watford campus  
Hempstead Road  
Watford, WD17 3EZ

Summer Term starts 3<sup>rd</sup> May 2011

#### DanceBase Ware - TUESDAYS

Middleton School  
Walnut Tree Walk,  
Ware, SG12 9PD



There are 2 groups roughly split by age. The Intermediate class for 5-12 year olds meets from 5.15- 6.30pm and Advanced, for 13years plus, from 6.30- 8pm.

To give children and young people the chance to try out DanceBase without committing to a terms fee **the first session is completely free so come along and give it a go!**

#### How to book

Email Jo at [info@artsbase.org.uk](mailto:info@artsbase.org.uk) or call the office on **01707 338373**. Office hours are between 9am and 5pm Monday to Friday. You can also go to our website [www.artsbase.org.uk](http://www.artsbase.org.uk) for information about the company, our activities and full term dates.

#### Fees

The fee per term is £95. This can be split into several payments. If you think you can't afford it PLEASE STILL APPLY. This is the standard fee, which is applicable to all participants. We may be able to advise you on how to get financial support to participate in our projects.





## About ActOne ArtsBase

ActOne is a dance theatre company specialising in integrating disabled and non disabled children, young people and adults within our many projects. There are weekly dance sessions, holiday projects, an inclusive nightclub for young people aged 13+, a training programme for school leavers and a professional performance company (ARC) providing performances and workshops for the community.

Sessions are structured to involve and challenge every participant to their maximum ability. We are committed to enabling all young people to participate without being judged or undervalued and to facilitating communication through the universal language of dance.

**ActOne puts ability, not disability, centre-stage!**