



TIME OUT

For Special Needs
including ADHD and ASD

A **FREE** 4 week course for parents/carers in
WATFORD and THREE RIVERS districts
with children aged 5-19 years with additional needs.
The programme will help parents explore techniques
to improve confidence in supporting your child and
managing their behaviour.

Mondays 22 February, 1, 8 & 15 March 2010
Venue: Parmiter's School, High Elms Lane,
Garston, Watford, WD25 OUU
Time: 6.30-9.30pm

To reserve a **FREE** place, please contact:
Jill Clark 01923 673760 or
Deborah Bettis on 01442 453467 or
Susan Bugden on 01442 453468



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