



**Worried about the social pressures of the teenage years?
Don't know what to expect?
Puzzled as to how teenagers think?
Want to share your concerns with other parents?**

In response to the replies we have received to the recent parent consultation, we are pleased to offer this free parenting group:

Preparing for Teenage Years

Come and explore our changing role as parents once our children become teenagers and bring back memories of what it was like being a teenager. Equally important will be the chance to share experiences with other parents.

You are invited to attend our 3-session course on
Thursdays 21, 28 October & 4, 11, 18 November 2010
7-9pm
Francis Combe Academy,
Horseshoe Lane, Garston, Watford, WD25 7HW



**The number of places in the group is limited so if you're interested in taking part please phone Louise at Parentline Plus on:
01707630105**

