



Strengthening Families, Strengthening Communities

Being a parent is one of the best jobs in the world but it can also be one of the toughest as family life can often be challenging and demanding.

Sometimes you may feel like you want some extra help, support or advice but you don't know where to turn...

Strengthening families, Strengthening Communities is a parenting programme aimed at preventing anti-social behaviour.

Courses are held across Hertfordshire and take 13 weeks to complete. They are:

- Designed to strengthen parenting skills, prevent and manage behaviour problems
- Aimed at parents of children aged 8-16 years where there are concerns about anti-social behaviour.

A course in your area will be starting

Wednesday 3rd Nov 2010,

From 6-9pm

**At: Otley Specialist Children's Team Centre,
Otley Way, South Oxhey, Watford, WD19 7TB**

**For further information please contact either
Gill or Kate on 01992 555246**