

Activities at Newton Price Centre

Classes include yoga, drumming, life coaching, hip hop, ballet & jazz. Also language classes, Buddhism studies & parties. Various times/prices. Visit: www.newton-pricecentre.ik.com or tel: 01923 233439

Activities at Watford Palace Theatre

Includes community choir for all & free writing workshop for ages 14+. Visit: www.watfordpalacetheatre.co.uk or tel: 01923 225671

BaaBaa Babies

Activity classes from 0-5 years. Exercise little minds & bodies. Visit: www.baabaababies.co.uk or tel: 07949 132517

Creative Classes with The Dan Tien

Evening classes for children & adults. Centrepont Community Centre. For times & prices visit: www.thedantien.co.uk or tel: 01923 441043

Classes in Dance, Drama & Musical Theatre

Ages 18 months to professional level. Collective Dance Performing Arts School & Teaching College. For details tel: 0208 428 0037 or email: info@collectivedance.co.uk

Events at Watford School of Music

Music classes & individual tuition, music & movement, junior music school, wind bands, Taiko Japanese drumming, soul singers, string orchestras & more. Prices vary. Tel: 01923 225531, email: southmusicenquiries@hertsc.gov.uk. Visit: www.hertsmusicservice.org.uk

Hartbeeps Magical Music Workshops

Babies & pre-schoolers. Café Cha Cha Cha, Cassiobury Park. Various days & times. £5.50 for first child & £2 for siblings. Tel: 07796 097724, email: sarah@hartbeeps.com or visit: www.hartbeeps.com

Leal School of Dance

Classes for children & adults. 5 & 10-week adult basic courses including tap & ballroom & 10-week performing arts course for ages 4-18. Visit: www.lealschoolofdance.com or tel: 01923 218626

Rosemary Conley Diet & Fitness Classes

Slim and Zumba Classes. All ages. Various locations, times & days. £10 membership (or free if pay for 6 weeks). £6 per class, £4.75 second class in same week. Email: jeannettepeel.rcdfc@virgin.net or tel: 01753 880460

Sunshine Charity courses

Various courses including Children's Care Learning & Development, Health & Social Care & UK Online Beginners Computer Classes. Various days, times & prices. Visit: www.sunshinecharity.com or tel: 01923 330763

Watford and Bushey Art Society

The group meets the first Tuesday of every month for demonstrations at Beechen Grove Baptist Church Hall. This month illustrated talk Constable v. Turner. 7.30-9.30pm. Visit: www.wbas.org

Watford Camera Club

Weekly meetings (Thursdays) & monthly digital workshops (Tuesdays). Visit: www.watfordcameraclub.org

FREE Wild about... Watford!

Come & help protect & enhance Watford's parks & open spaces as part of the council's nature conservation programme. Volunteer opportunities available all over the town. Tel: 01923 278333

Yoga at Westfield

Beginners, pregnancy, baby & toddler yoga. Westfield Children's Centre. Various times & prices. Visit: www.esprit-yoga.com or tel: 07980 415698

What's On

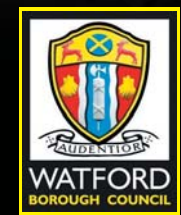
October 2010

4-page guide packed with exciting local events!



Watford Borough Council is committed to creating a family friendly town, and is keen to encourage events and activities that bring people together, to have fun and be entertained. If you are interested in providing entertainment in the town, please contact us for an application form, by email: community@watford.gov.uk or call on tel: **01923 278333**.

Your guide to **What's On in and around Watford** this month
www.watford.gov.uk



When finished please recycle

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FREE Space² exhibitions

7-29 October
Natasha Allen
Customer Service Centre.

7-30 October
Living in the Third Age
by Tom Warland
Watford Museum.

Watford Museum, Thursday-Saturday, 10am-5pm. Customer Service Centre (Town Hall), Monday-Friday, 8.30am-5.30pm. Tel: 01923 278333 or email: community@watford.gov.uk

6 October
FREE Women of Watford Gathering
Get together to share ideas, demonstrate skills and network. 18+. 1-3pm. Multi Cultural Community Centre. Tel: 01923 770294

8 October
FREE Event for Local Businesses
Presentation at Centre for Wellbeing on their Vocational Advice Service & the benefits of short term work placements. 501 St Albans Road. 10.30am. To confirm attendance tel: 01923 805741

9 October
FREE Wartime Watford: childhood memories
Jean Jupe talk based on her book. A different kind of childhood. Copies of book will be sold at event with donation to Help for Heroes charity. Watford Central Library. 11am. Free tickets available from library. Tel: 0300 1234049

10 October
FREE World Mental Health Day Community Roadshow
Information on wellbeing & counselling services available from Herts Mind Network & local community organisations. All day. The Harlequin Shopping Centre. For information tel: 08444 77 22 12

20 October
Chairman's Charity Quiz Night
Chairman of Watford Council invite for teams of 6-8 to compete in quiz night with supper. Irish Centre. 7.30pm. All profits to charities. Deadline 15 October. Details & entry form tel: 01923 278376/4 or email: legalanddemocratic@watford.gov.uk

Networking Breakfast Meeting
With Tom Vosa, Chief Economist for Clydesdale Bank. 16+. Moor Park Mansion House, Moor Park Golf Club. 7.15am. £25 members/£35 non members. Tel: 01923 442442, email: lorraine@watford-chamber.co.uk or visit: www.watfordchamber.co.uk

21 October
FREE Those Were The Krays
Talk by author James Morton. 7pm. Watford Central Library. Pick up free ticket from library or call 0300 123 4049 to reserve.

21-23 October
Celebrity - a new comedy
Watford's Centralian Players present their 199th production by local playwright Paul Mathews, in aid of the Peace Hospice. 7.45pm. £7, concessions. Henderson Hall, Abbots Langley. For tickets tel: 01923 227392 or email: tickets@thecentralians.co.uk

25-29 October
FREE The Harlequin Secret Agent Club
Half term activities. Under 12s can become part of The Harlequin Secret Agents by signing up for free at www.harlequinsecretagents.com/membership Exclusive access to competitions & offers. Also free children's summer activities for Special Agents. 10am-4pm. The Harlequin Shopping Centre. Tel: 01923 227438 email: lucy.burke@primalpr.com

25-31 October
Energy Savings Week
National annual event. For information email: neil.walker@watford.gov.uk

30 October
FREE The Watford Big Draw Day!
The Harlequin Shopping Centre (between HMV & M&S). 10am-4pm. Tel: 01923 278333 or email: community@watford.gov.uk

Activities at Watford Museum

Throughout October
FREE Watford Landmarks
Foyer exhibition of much loved local features & landmarks. All ages. Thursday to Saturday, 10am-5pm.

2 October
Paintings in Hertfordshire
Art Appreciation Lecture by Martin Smith. Adults. 11am. £5.

21 October
100 Years of the Girl Guides
Friends of Watford Museum talk by Trefoil Members. Adults. 11am. £2 or free for Friends.

29 & 30 October
The Haunted Museum
Spooky family fun. 6.30pm (age 6+) and 8pm (age 10+). £6 per session.
For information on the above tel: 01923 232297 or email: info@watfordmuseum.org.uk. Visit: www.watfordmuseum.org.uk



Heritage Open Days - Town Centre Event, September 2010

Weekly Activities

Mondays
Adult Wind Band
For players of grade 5-8 standard. Term time only, 8-9.15pm at Watford School of Music. £33 per term. Tel: 01923 225531 or email: southmusicenquiries@hertscc.gov.uk

Dance for teenagers
Classes in Street Dance, Jazz, Musical Theatre & Tap for 13-18 year olds. From 7.15pm. Watford Grammar School for Girls. Tel: 07740 605275 or email: chantal@hotandbothered.biz

Pre-School Music
Dalcroze Eurhythmics for ages 3-4. Watford School of Music. 2.15pm. £41 per term. Tel: 01923 225531 or email: southmusicenquiries@hertscc.gov.uk

Soul Singers
For students aged 14+, including adults. Join our choir & experience a wide range of music. Term time only, 5.30-6.45pm at Watford School of Music. £51 per term. Tel: 01923 225531 or email: southmusicenquiries@hertscc.gov.uk

Watford Folk Dance Group
Adults. Term time. Traditional English country dancing club. No experience necessary. Christ Church Hall. 8-10pm. £3 including refreshments. Tel: 01923 233371 / 672341

Mondays & Tuesdays
FREE Story & Rhyme Time
Under 5s (older siblings very welcome). Mondays at North Watford Library. Tuesdays at Watford Central Library. 2.15-2.45pm. Tel: 03001 234049

Mondays & Wednesdays
Belly Dancing for Beginners & Advanced
The Newton Price Centre & The Centre, South Oxhey. Various times. £5-7. Tel: 07850 310978, email: harveydawnh@aol.com or visit: www.dawnharveybellydancer.webs.com

Tuesdays
Hayaam Bellydance Classes
Ages 16+. TFC studio. Various times for Beginners, Improvers & Elementary. £30 for 6 weeks, £6 drop-in. Visit: www.hayaam.com or email: hayaam@hayaam.com

Herts Inclusive Theatre
6-18 years. Drama & theatre workshops. The James Theatre, Watford Grammar School for Boys. Various times & prices. Plus Halloween Sponsored Walk on 31 October. 3pm, Moatfield Park. Tel: 07857 986364, visit: www.hitproject.co.uk or email: HertsInclusiveTheatre@live.co.uk

FREE Lunchtime Concerts at St Mary's
St Mary's Church. 1-2pm. Tel: 01923 225189
Open Mic Music Event
Pump House Theatre & Arts Centre. Doors 7.30pm for 8.30pm start. 15 minute slots. £3. Email: watfordopenmic@hotmail.com

FREE Spokes cycle ride
First Tuesday of each month. Easy 2 hour cycle ride for adults. Starts at the Harvester by Two Bridges. Just turn up for 10.30am start. Visit: www.spokesgroup.com

Tuesdays & Wednesdays
Nia Classes
Nia is a dynamic blend of dance arts, martial arts & healing arts. St Thomas Church & Newton Price Centre. Various times & prices. Tel: 07882 891358, email: gillymacc@yahoo.co.uk or visit: www.gilliania.co.uk

Tuesdays & Thursdays
FREE BTCV Green Gym
Practical nature conservation in Watford's green spaces. Get physically active, learn new skills & make a difference to your local environment. 10am-1pm. Tel: 01923 278610 or email: GG-Watford@btcv.org.uk

Tuesdays & Fridays
Popdance
Dance classes for 18+ who want to learn routines to "pop" music. Woodside Leisure Centre. 8-9pm (Tuesdays), 10-11am (Fridays). £6 per class. Visit: www.popdance.co.uk or email: info@popdance.co.uk

Wednesdays
Contemporary dance
Beginner & general level. YMCA. 7-8pm. Starting offer £6 for both classes. Tel: 07854 401087 or 07805 418549

Lindy Hop, Jitterbug & Jive
Learn to dance various swing dances from the 1940s. 16-60yrs. Beecham Grove Baptist Church. 8-11pm. Various prices. Visit: www.jiveswing.com or tel: 01438 718906

Meditation classes in Watford
Adults & 11+. Learn the basics of meditation and how to develop a peaceful, happy mind. Friends Meeting House. 7.30-9pm. £8 per class. Tel: 020 8455 7563, email: info@meditateinlondon.org. Visit: meditateinlondon.org

Morris Men Dance Practice & Tuition
Weekly practice to learn & perfect traditional & contemporary Morris dances. For men aged 18+. Pump House Arts Centre. 8-10.30pm. Tel: 01727 839266 or email: info@woodsidemorrismen.com

Music for Babies & Toddlers
Drop-in sessions for 0-3 year olds. Watford School of Music. 10-10.45am. £4.10 per child. Term-time only. Tel: 01923 225531 or website: southmusicenquiries@hertscc.gov.uk

Thursdays
FREE Baby Rhyme Time
Watford Central Library. First & third Thursday of month, North Watford Library second & fourth Thursday. 2.15-2.45pm. Tel: 01923 471333

FREE Games Club
9+. Paint miniatures, build terrain, play miniature battle strategy games. Oxhey Library. 2-4pm during school holidays. Tel: 03001 234049

Salsa Revolution Classes
Over 18s. Highlight (formerly Jongleurs). Lessons 8-9.30pm, social dancing & music til late. £7, drop in. Visit: www.salsarevolution.co.uk

Fridays
Blag Youth Drama Workshop
Drama class for 8-12 years. Watford Pump House. 4.30pm-6pm. £9 a session. Tel: 01923 772320 or email: blagtheatre@btconnect.com

Saturdays
Dance classes for Children
Various classes for boys & girls aged 2½-12 years. Various times. Watford Grammar School for Girls. Tel: 07740 605275 or email: chantal@hotandbothered.biz

Sundays
Victor Kan Ving Tsun Kung Fu
16+. Newton Price Centre. 3-4pm. Beginners £7. Tel: 07771 250 455, email: keithchan.vkvt@hotmail.com or visit: www.vingtsunvk.co.uk
Zumba adults
Ladies only. Femme Fitness. 12-1pm. Gym members £5 (non members £6). Email: zumba@baabaababies.co.uk or visit: www.zumba.com