



DanceBase

Dance Theatre for disabled and non disabled young people

Learn dance skills, make new friends and develop your confidence with ActOne's 'DanceBase', an after school dance theatre project for disabled and non disabled children and young people. DanceBase takes place in Ware, Stevenage, Hemel Hempstead and Hatfield; the company are currently recruiting for new members for the September term...

DanceBase is a weekly dance theatre session for disabled and non-disabled children and young people aged 5+. Sessions have a unique atmosphere where difference and individuality are celebrated. There are 2 groups roughly split by age. The Intermediate class for 5-11 year olds meets from 5- 6.15pm and Advanced, for 12years plus, from 6.30- 8pm.

Fees; the fee per term is £85. The cost of attending ActOne projects is always kept to a minimum so that no-one is excluded from participating. The bulk of finance required to run ActOne is sought from various funding bodies.

If you think you can't afford it PLEASE STILL APPLY. This is the standard fee which is applicable to all participants. We may be able to advise you on how to get financial support to participate in our projects.



To give children and young people the chance to try out DanceBase without committing to a terms fee **the first session is a free trial!**

How to book; email suzie@artsbase.org.uk or call the office on **01707 338373**. Office hours are between 10am and 6pm Monday to Friday. You can also go to our website www.artsbase.org.uk for information about the company, our activities and full term dates.

About ActOne ArtsBase

ActOne is a dance theatre company specialising in integrating disabled and non disabled children, young people and adults within our many projects. There are weekly dance sessions, holiday projects, an inclusive nightclub for young people aged 13+, a training programme for school leavers and a professional performance company (ARC) providing performances and workshops for the community.



Sessions are structured to involve and challenge every participant to their maximum ability. We are committed to enabling all young people to participate without being judged or undervalued and to facilitating communication through the universal language of dance. ActOne puts ability, not disability, centre-stage!