

Support for Mums & Dads of children with Special Needs or Disabilities



Southfield School is offering this 6-week course to support parents of children aged 2-12. The course will focus on:

- Emotions of having a child with additional needs
- Challenges facing parents
- Effects on relationships, siblings and wider family
- Solutions and strategies to lessen isolation and stress
- How to work successfully with professionals

Mondays 6-8pm

4th, 11th, 18th October and 1st, 8th, 15th November

At Southfield School

Travellers Lane, Hatfield AL10 8TJ

Booking in advance essential



To find out more, or to book your place, please contact the District Partnership Team on 01438 843030 or email: admin_dpteamcentral@hertsc.gov.uk

