



Prepare to Change

A free, 6 week course introducing you to the techniques to build your confidence, set goals and attain them and knowing when to be assertive. Write a winning CV and covering letter, interview and presentation skills and search for job opportunities using the internet.



Thursday 4th November - 9th December 2010

9.30am - 11.30am

The Orchard Room
Peartree Primary School
Peartree Lane, WGC AL7 3XW

FREE

To book, please contact Julie Cunningham,
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